



Course Description

The Annual Clinical & Research Meeting (ACRM) of the North American Society for Pediatric and Adolescent Gynecology (NASPAG) is designed for primary care physicians, specialists, nursing and allied health professionals, and physicians in training whose practices include pediatric and adolescent female patients and/or whose practices include the gynecologic care of pediatric and adolescent patients. The course will consist of keynote sessions and concurrent presentations addressing critical issues in pediatric and adolescent gynecology, surgery, endocrinology and sexuality. The faculty and participants will interact in a variety of formats, including formal and informal group discussions, oral and poster sessions including video abstracts, and lively debates in order to disseminate the latest information concerning pediatric and adolescent female patients.

Learning Objectives

- Recognize the clinical presentation and medical management of common reproductive endocrinopathies affecting the female pediatric and adolescent population.
- Describe the medical and surgical management of genitourinary and reproductive tract conditions affecting the pediatric and adolescent patient and identify the procedural and imaging techniques utilized in the gynecologic care of this population.
- Recognize the effects of chronic medical conditions on reproductive function and describe the effect of social determinants of health on reproductive function and quality of life.
- Incorporate quality improvement and research into the clinical care of pediatric and adolescent patients to more expediently improve clinical outcomes.
- Develop approaches to implementation and management of contraceptive methods in patients with complex medical conditions.
- Identify scientific advancements, best practices and innovation in fundamental and emerging topics in pediatric and adolescent gynecology.
- Improve patient care and outcomes through integration and application of increased knowledge of research and best practices in pediatric and adolescent gynecology and demonstration of procedural skills in simulation workshops.
- Advocate for young women's reproductive health nationally and internationally through increased knowledge of current and future public health and health policy issues impacting young women.
- Discuss key policy issues for young women's health at federal and state levels.
- Incorporate advocacy strategies to support practitioners and patients.
- Recognize the scope of sex trafficking in both the US and the world.
- Identify strategies to assist in asking key non-judgmental questions that make it safe for a victim to disclose.
- Recognize self-harmful strategies as "numbing solutions" to the alleviate the daily pain and stress of the victims of sex trafficking.
- Implement strategies to provide cost effective long-acting reversible contraception (LARC).
- Implement a stress management strategy designed to move youth away from self-destructive quick fixes and towards positive behaviors.

Target Audience

This conference is intended for physicians, nurses, physician assistants, allied health professionals, and other members of the healthcare team interested in the management of pediatric and adolescent gynecological conditions.