



North American Society for Pediatric and Adolescent Gynecology

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FROM THE 2009 ACM PROGRAM CHAIR: Yolanda R. Smith, MD

NASPAG 23<sup>RD</sup> ANNUAL CLINICAL MEETING
APRIL 23-25, 2009
SAN ANTONIO, TEXAS

The Annual Clinical Meeting will highlight five accomplished and vibrant plenary speakers. They are all outstanding leaders in their fields with deep commitment to pediatric and adolescent patients.

We are extremely fortunate to have Susan Wysocki, RNC, NP, President and CEO of the National Association of Nurse Practitioners in Women’s Health speaking on “Adolescent Care: Creating a Blueprint or a Healthy Life”. She is a nationally recognized speaker and opinion leader in the field of women’s health. Ms. Wysocki has a long history of leadership, having served as chair of the National Alliance of Nurse practitioners, founding President of the American College of Nurse Practitioners, and founding board member of the Adult Women’s Health Alliance. She has authored many publications, appeared in television and radio broadcasts nationwide, and received prestigious awards, including a Lifetime Achievement Award from the Nurse Practitioner Journal, recognizing her commitment and advocacy in the area of women’s health. Ms. Wysocki has even testified before Congress, the FDA, and the CDC regarding women’s health issues as well as the role of nurse practitioners.

Dr. Mary L. Brant, pediatric surgeon, will be speaking on “Obesity in Adolescent Girls”, reviewing the teenage obesity epidemic, treatment options, and the selection of teens for bariatric surgery and their outcomes. Dr. Mary L. Brandt is Vice Chair and Professor in the Department of Surgery at Baylor College of Medicine. Dr. Brandt has strong research, clinical, and education interests in the area of obesity. She is on the Executive Council of the American Academy of Pediatrics, Surgical Section, is Chair of the Bariatric Review Board at Texas Children’s Hospital, and serves on the American Pediatric Surgery Association Committee on Obesity. Dr. Brandt is also the institutional primary investigator for a cooperative multicenter NIH grant longitudinally assessing bariatric surgery in teens. In recent years she received teaching award from pre-clinical medical students and residents, and she will bring her teaching skills to NASPAG this year as a plenary speaker and a workshop leader.

Dr. Lawrence M. Nelson, National Institutes of Health (NIH) physician and women’s health research scientist, will be sharing his expertise with NASPAG regarding “Primary Ovarian Insufficiency: Mechanisms and Management”. He is a Commissioned Officer of the U.S. Public Health Service and leads a research effort on primary ovarian insufficiency as head of the Integrative Reproductive Medicine Unit. The unit is part of the Intramural Research Program on Reproductive and Adult Endocrinology, a program of NIH’s National Institute of Child Health and Human Development. Within NIH and across the country, Dr. Nelson has been critical in supporting research and education regarding the adolescent menstrual cycle. Dr. Nelson will discuss the etiologies of ovarian insufficiency, the management of associated health issues, as well as the emotional impact of ovarian insufficiency on the patient and family. NASPAG looks forward to strengthening its relationship with NIH and combining forces to advance adolescent gynecologic health.

Dr. Esterann Grace, a dedicated NASPAG member, is Clinical Chief of the Division of Adolescent Medicine at Children’s Hospital in Boston. Dr. Grace’s academic and clinical research interests include contraceptive compliance, adolescent compliance in the private sector, gynecologic needs of adolescent women, and eating disorders in adolescent women. As an Associate Clinical Professor of Pediatrics at Harvard Medical School she continues an active teaching schedule. Her talent for education was recognized with the Harvard Medical Student Teaching Award in 2004. Despite sitting on several Boards, including NASPAG’s, Dr. Grace has found time to pursue her passion for medical history as it relates to women. This year NASPAG will be treated to her unique perspective on menstruation sure to both educate and entertain – “Menstruation Through the Ages (300 BC – 2009)”! (continue on page 2)

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NASPAG is also fortunate to be welcoming bestselling author and motivational speaker Ms. Nancy Redd. Ms. Redd will be speaking on "The Body Drama of Teenage Girls", exploring the effects of the media on the self-awareness of teenagers, sharing insight into the minds of today's teens, and discussing the emotional and physical damage from these body dramas. Ms. Redd graduated with honors from Harvard University with a degree in Women's Studies. She understands the pressures of looking perfect, having competed for and won the title of Miss Virginia and having won the swimsuit competition at Miss America 2004. Ms. Redd empowers teens with knowledge, speaking and writing about teenage body dramas. She has been featured on ABC's Good Morning America, CBS' The Early Show, NBC's Today Show, CNN, E!, True Hollywood Stories, People magazine, NPR, PBS, Inside Edition, and more. In 2009, she will be featured at the NASPAG Annual Clinical Meeting in San Antonio! She is a dynamic speaker with unique views you will not want to miss.

We are sure that you will be most impressed with this accomplished group of pediatric and adolescent gynecology speakers - a group ready to share their expertise in science, education, medical history, sociology, advocacy, and clinical care with NASPAG!

**NASPAG NEWS** is a quarterly newsletter distributed to all members of the North American Society for Pediatric and Adolescent Gynecology. Members are encouraged to submit items for publication (ie. Articles, letters, announcements, photographs or member-related news) to one of the following persons:

**Editor:**

Judith T. Burgis, MD  
University of South Carolina  
School of Medicine  
2 Medical Park, Suite 208  
Columbia, SC 29203  
Phone: 803-779-4928 x 224  
Email: [Judy.Burgis@uscmcd.sc.edu](mailto:Judy.Burgis@uscmcd.sc.edu)

**Assistant Editor:**

Liz Alderman, MD  
Division of Adolescent Medicine NW674  
Montefiore Hospital  
111 East 210 Street  
Bronx, NY 10467  
Email: [ealderma@montefiore.org](mailto:ealderma@montefiore.org)

**Executive Director:**

Joseph S. Sanfilippo, MD, MBA  
Phone 412-641-1204  
Email: [jsanfilippo@mail.magee.edu](mailto:jsanfilippo@mail.magee.edu)

**Administrative Director:**

Cassandra Larkins  
NASPAG Administrative Office  
409 12<sup>th</sup> Street, SW  
Washington, DC 20024-2188  
Fax: 202-863-1648  
Email: [clarkins@acog.org](mailto:clarkins@acog.org)

**Website:** [www.naspag.org](http://www.naspag.org)

**Online Registration for the 2009 NASPAG ACM is Now Available!**

We are excited to tell you that you can register for the 23rd NASPAG Annual Clinical Meeting online! Please visit the website at [www.NASPAG.org](http://www.NASPAG.org) for the online Registration Form; complete the form and hit submit. It's that easy! A confirmation of your registration and your workshop and luncheon choices will be mailed to you within 5 working days. You will also receive the complete preliminary program brochure soon with hotel information and a registration form that you can use to fax or mail to the NASPAG Central office if you prefer. The brochure is also available online.

The registration fees through March 27, 2009 are \$475 for members; \$525 for non-members; \$675 for new members (includes journal, membership dues, and newsletter); \$395 for those in-training with a letter from their program chair; and \$250 for a one-day participant. Registration fees after March 27, 2009 will be as follows: \$525 for members; \$575 for non-members; \$725 for new members (includes journal, membership dues, and newsletter); \$415 for those in-training; and \$260 for a one-day participant. Fees include all course materials, continental breakfast and breaks daily; and lunch on Thursday.

The meeting will be held at the Hyatt Regency Riverwalk in San Antonio, Texas. The hotel has blocked a group of sleeping rooms for NASPAG. This block of rooms is available until the block is sold, or until March 28, 2009. Reservations made after that time will be based on room availability. For your convenience, all reservations should be made directly with the hotel at 210-222-1234 or 1-800-233-1234. The room rate is \$169 single occupancy. Remember to identify yourself as a participant in the NASPAG conference and give the dates of the conference.

For more information about the NASPAG meeting, please contact Cassandra Larkins, at 202-863-1648 or [clarkins@acog.org](mailto:clarkins@acog.org). We look forward to seeing you in San Antonio, Texas.



### **Alvin Goldfarb, MD. FROM THE BEGINNING**

Alvin Goldfarb died on 1 November 2008 at the age of 85. Alvin was the past Executive Director and one of the founding fathers of the North American Society of Pediatric and Adolescent Gynecology.

His role in the development of the society is more than an historical one. In the mid 1970s the International Society of Pediatric and Adolescent was well established. However, the principal USA participants, lacking financial aid had never held an International meeting in the United States. It was Alvin Goldfarb who gambled and put up the collateral to fund the first stateside meeting. It took place at the Hilton hotel in Washington, D.C. Speakers were invited from all over the world including the late Sam Yen from San Diego, the late Anna McLaren from Great Britain, and the Jones from Norfolk. Fortunately, the meeting was a resounding success. The success of this meeting launched the development of the North American Society for Pediatric and Adolescent Gynecology in the USA. If that Washington meeting had failed, no financial bailout would have saved the day and preserved the future.

Except for those involved in those early years, few members of the society are aware of Alvin Goldfarb's parentage. Alvin Goldfarb was a pupil of Doctors Abraham Rakoff, Karl Paschkis, and Joseph Rupp at Jefferson Medical College during the 1950s. His mentors were inspirational scientists who had a remarkable breadth of interest in endocrinology, and excitement for things biological. Alvin is a product of these mentors and that remarkable era.

Given this impressive lineage, it is not surprising that Alvin Goldfarb became one of a unique group of people who came together in the late 1960s and early 1970s to give birth to Clinical Reproductive Endocrinology, as we know it today. Doctor Goldfarb along with Edward Tyler of Los Angeles, Robert Kistner of Boston, and Robert Greenblatt in Georgia spearheaded the birth and development of this important subspecialty. In certain ways, this small group of clinical scientists transformed what was at that time a largely descriptive and marginal science into a major tool for the study of human reproduction. The role of Alvin Goldfarb and people like him in setting the pace for scientific change in the reproductive sciences is still under-appreciated. Doctor Alvin Goldfarb helped to create an environment for young people that has served the society well and produced many outstanding scientific innovators in Pediatric and Adolescent Gynecology.

In a word, Alvin Goldfarb was a "galvanizer" who turned people on to the science of reproductive endocrinology. The type of unique chemistry and interaction that he inspired cannot be duplicated in any other medium or resume. Alvin Goldfarb serves to illustrate what can be accomplished by scientific rogues of unusual daring and originality who lead the way, inspire us, and make us proud to be associated with the North American Society for Pediatric and Adolescent Gynecology.

On a personal level, Alvin and his wife Arlyne were deeply interested in music and the fine arts. The latter were part of the reason that Alvin was tethered to Philadelphia. He was an eloquent speaker and his lectures legendary. We will miss his personality. The mellow and resonant tone of his voice still resounds in my ear. It has been a privilege to have been his friend and colleague. I hesitate to think where the society would be today without him.

Paul G. McDonough, M.D.  
Emeritus Professor of Obstetrics and Gynecology,  
Pediatrics and Physiology  
Medical College of Georgia  
Augusta, Georgia 30912

## “HELP ME HERE”

So you have been asked to give a lecture - just give me (NASPAG) one additional slide:

NASPAG [www.naspag.org](http://www.naspag.org)

“So why should I”?, you ask. Well we are a Society with a record membership. Now indeed in large part this is due to the efforts of our Membership Committee Chair, Dr. Mary Anne Jamieson.

The *Journal of Pediatric and Adolescent Gynecology* (JPAG) has received a record number of manuscripts. Our publisher, Elsevier, has allowed us to put our case reports and listing of upcoming publications On Line which means they are immediately citable.

The *Journal* provides the most recent research in Pediatric Adolescent Gynecology, Mini-reviews to update you on targeted topics, an ongoing series of “Resident Education” information that focuses on the CREOG (Council on Resident Education in Obstetrics & Gynecology) educational requirements, topics for Allied Health Professionals, Case Reports, Medical and Surgical controversies in pediatric adolescent gynecology and Opinions and Controversies.

Take a minute to look at our website, [www.naspag.org](http://www.naspag.org). You will be pleasantly surprised. Dr. Eduardo Lara Torre has orchestrated these changes in collaboration with our Administrative Affiliate, The American College of Obstetricians and Gynecologists.

So why should you invite a friend to join? Let’s look at the benefits:

- Reduced registration rate at Annual Clinical Meeting
- Subscription to JPAG
- Access to PAG Educational Materials
- Access to Clinical Expertise and Counseling
- Clinical niches that are coordinated and embellished at our Annual Clinical Meeting
- Research Opportunities
- Networking

Consider a joint educational program that you coordinate locally and is provided in collaboration with NASPAG.

We have developed recognition across North America and in a number of other countries around the world. Our International Forum at our annual meeting attests to the worldwide interest in NASPAG.

Google pediatric and adolescent gynecology and learn how many new centers are popping up across the nation providing a unique level of care for patients from birth through young adulthood.

Spread the word, make a difference in your region and nationally. How can we assist? Just contact us:

[clarkins@acog.org](mailto:clarkins@acog.org)

[lcarlquist@mail.magee.edu](mailto:lcarlquist@mail.magee.edu)

[jsanfilippo@mail.magee.edu](mailto:jsanfilippo@mail.magee.edu)

See you in San Antonio April 23-25, 2009-Details on the website

Joseph S. Sanfilippo, M.D., M.B.A.  
NASPAG Executive Director



## Support NASPAG By Giving!

The North American Society for Pediatric and Adolescent Gynecology is pleased to recognize all of its donors to our Educational Fund. Beginning with 2008, we will be recognizing cumulative donations. Gold pins of the NASPAG logo will recognize donors at \$5,000 and above, silver pins at \$3,000 and above and bronze pins at \$1,000 and above. These will be awarded at the Annual Clinical Meeting. Your names (with your permission) will also be listed in the program and a donor ribbon will be attached to your name tag. We sincerely appreciate all of the efforts each of you has made in helping our organization be a huge success!

**Janice L. Bacon, M.D.**  
NASPAG Educational Fund  
Professor and Chair  
Edward J. Dennis, III, M.D., Endowed Chair of  
Obstetrics and Gynecology  
University of South Carolina School of Medicine

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**13th Annual CME Postgraduate Course** on Pediatric , Adolescent and Young Adult Gynecology,  
Friday April 3, 2009 one day Mount Sinai Hospital NYC,  
Albert Altchek , Course Director  
contact Jeanette.

[Jeanette.cotto@mssm.edu](mailto:Jeanette.cotto@mssm.edu) or [albertaltchek@aol.com](mailto:albertaltchek@aol.com)

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## VISIT THE NASPAG WEBSITE [www.NASPAG.org](http://www.NASPAG.org)

Reminding all members to check the NASPAG website for:

- 2009 ACM Information
- Journal contents
- NASPAG store
- Fellowship Opportunities
- New Clinical Resources
- Online Dues Payment
- And of course, the latest edition of the NASPAG Newsletter

**Have an opinion you would like to express?**

***NASPAG NEWS* can be your forum!**

We are looking for new and interesting articles to fill *NASPAG NEWS*. If you have a letter or topic you wish to address, submit it to the *NASPAG NEWS*.

Send submissions to the Editor:

Judith T. Burgis, M.D.

**Email:** [Judy.Burgis@uscmed.sc.edu](mailto:Judy.Burgis@uscmed.sc.edu)