



North American Society for Pediatric and Adolescent Gynecology

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NASPAG 23RD ANNUAL CLINICAL MEETING



The 23rd Annual Clinical Meeting of the North American Society for Pediatric and Adolescent Gynecology (NASPAG) will be held April 23-25, 2009 at the Hyatt Regency San Antonio Hotel on the Riverwalk, San Antonio, Texas. The program will be 2 ½ days long and will begin on Thursday April 23rd a.m. and finish Saturday April 25th at noon.

Located on the Riverwalk, the Hyatt Regency San Antonio is one block away from the Alamo and Rivercenter Mall, two blocks from the convention center, one mile from Market Square, and seven miles from the San Antonio International Airport. The hotel features a rooftop terrace with outdoor swimming pool, spa, and adjoining 2,800 square-foot health club, a jazz club with outdoor seating on the river. Wireless Internet access is available throughout the hotel's public areas. The hotel's garden atrium is built over an extension of the San Antonio River, which flows through the lobby via a series of water cascades.

Things to Do in San Antonio:

The Alamo, one of the most famous spots in Texas, is located on the east side of Alamo Plaza. Built in 1724, the Alamo was first named Misión San Antonio de Valero and was originally intended to serve as a home to missionaries and their converts in this region. Today, this site is commemorated for the immense role it played in the Texas Revolution, and was renamed the Alamo by the Spanish soldiers in memory of their hometown in Coahuila. Visitors can relive the legendary past of the Alamo on the famous Battlefield Tour, which guides you through landmarks like the Musquiz House, the San Fernando Church, the Maverick House and the funeral pyres on Commerce Street.

The Aztec On The River is the River Walk's newest, most exciting attraction. This historic 1926 movie palace has been meticulously restored, complete with a Mighty Wurlitzer theatre organ.

A unique arts and crafts community with shops, working artists, restaurants and a post office, the **Old San Antonio Exhibit** (located in Bolivar Hall) houses a collection of art objects, artifacts and symbols relevant to the history. This beautifully landscaped historic district offers leisurely shopping, dining and five rental venues for special events. Shops open daily 10 a.m.-6 p.m.

From early morning until late at night, **Market Square** is alive with activity. Visitors can browse through the 32 shops at "El Mercado," an area patterned after an authentic Mexican market. In addition, there are 80 specialty shops in Farmers Market Plaza.

The Plaza Wax Museum and Ripley's Believe It Or Not! Two premiere attractions located in the heart of downtown - just across the street from historic Alamo Plaza., the RiverCenter Mall and the famous River Walk. The Plaza Wax Museum features a collection of wax figures displayed within themed sections.

San Antonio Botanical Garden - This 33-acre living museum, one can enjoy colorful seasonal floral displays, a serene native forest walk, exotic plant specimens from around the world, modernistic glass pyramids, and even an authentic log cabin.

For more than 35 years, the 750-foot-tall **Tower of the Americas** has offered residents and tourists of San Antonio, Texas, the most breathtaking view of the city. Visitors can dine at the Tower's revolving restaurant or enjoy the scenery from the observation deck.

Look forward to seeing you in San Antonio!

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NASPAG NEWS is a quarterly newsletter distributed to all members of the North American Society for Pediatric and Adolescent Gynecology. Members are encouraged to submit items for publication (ie. Articles, letters, announcements, photographs or member-related news) to one of the following persons:

Editor:

Judith T. Burgis, MD
University of South Carolina
School of Medicine
2 Medical Park, Suite 208
Columbia, SC 29203
Phone: 803-779-4928 x 224
Email: Judy.Burgis@uscmed.sc.edu

Assistant Editor:

Liz Alderman, MD
Division of Adolescent Medicine NW674
Montefiore Hospital
111 East 210 Street
Bronx, NY 10467
Email: ealderma@montefiore.org

Executive Director:

Joseph S. Sanfilippo, MD, MBA
Phone 412-641-1204
Email: jsanfilippo@mail.magee.edu

Administrative Director:

Cassandra Larkins
NASPAG Administrative Office
409 12th Street, SW
Washington, DC 20024-2188
Fax: 202-863-1648
Email: clarkins@acog.org

Website: www.naspag.org

**Martin Fisher, MD
NASPAG President-Elect**

Martin Fisher, MD is Chief, Division of Adolescent Medicine, Schneider Children's Hospital, North Shore-Long Island Jewish Health System, New Hyde Park, New York and Professor of Pediatrics at New York University School of Medicine in New York City.

Dr. Fisher received his medical degree from the Albert Einstein College of Medicine in New York City. He then served a pediatric internship and residency, followed by a fellowship in adolescent medicine, at Long Island Jewish-Hillside Medical Center in New Hyde Park, New York.

Dr. Fisher has served as President of the Society for Adolescent Medicine, on the Adolescent Medicine Sub-board of the American Board of Pediatrics, and on the Committee on Adolescence of the American Academy of Pediatrics. He has also served on several review panels for the Bureau of Maternal and Child Health, US Department of Health and Human Services.

Dr. Fisher is a member of the American Academy of Pediatrics, American Pediatric Society, Society for Pediatric Research and the Ambulatory Pediatric Association, among other professional organizations. He is a fellow of the Society for Adolescent Medicine and a founding fellow of the Academy for Eating Disorders. He has been a member of NASPAG since 1994, serving on the Board since 2004 and as Vice President in 2007-2008.

Dr. Fisher's editorial experience includes editorial board positions on the Journal of Adolescent Health and the Journal of Developmental and Behavioral Pediatrics, for which he was also Associate Editor. Dr. Fisher was Co-Editor of the textbook, Comprehensive Adolescent Health Care. Most recently, he was Co-Chair of the Adolescent Panel for the American Academy of Pediatrics (AAP) Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (3rd edition). He is an Editor of the forthcoming Textbook of Adolescent Health Care, to be published by the AAP. Dr. Fisher has also authored or coauthored articles, abstracts, and reviews for such peer-reviewed journals as Pediatrics, the Journal of Pediatrics, Journal of the American Medical Association (JAMA), Archives of Pediatrics and Adolescent Medicine, Journal of Adolescent Health, Journal of Pediatric and Adolescent Gynecology, and the International Journal of Eating Disorders.

ONCOFERTILITY IN YOUNG FEMALES

The statistics prove that 80% of children and adolescents who are diagnosed with “Cancer” become long-term survivors, that’s the GOOD NEWS. We as NASPAG members are being called upon with increased frequency to discuss alternatives regarding fertility preservation prior to the patient embarking upon chemotherapy. One concern that remains is the prevalence of premature ovarian failure in young females who are treated for Hodgkin’s Lymphoma, i.e. touted to be 37%. So we all must be “Future Fertility Minded”, when we come upon this clinical circumstance.

Dose, type and duration of chemotherapy complement “where the patient is on the developmental maturity-time line” with regard to potential effects on fertility. Unfortunately older children are more vulnerable to the gonadal toxic effects of chemotherapy. In the male, cancer therapies including surgery, radiation, and chemotherapy can impair sperm production and delivery through a variety of mechanisms including reduced testosterone production, sperm stem cell failure, and damage to pelvic nerves and the duct system required for sperm transport. Similarly, cancer therapies impair reproductive function by multiple mechanisms in the female. For example alkylating agents can cause oocyte depletion, resulting in premature ovarian failure or early menopause. Pelvic adhesions from surgery or radiation can adversely affect fertilization and implantation.

So what are the national guidelines regarding counseling of patients prior to treatment of malignancy. The American Society for Reproductive Medicine suggests the following:

- Physicians should inform cancer patients regarding options for fertility preservation and future reproduction prior to treatment.
- Only established methods of fertility preservation such as sperm cryopreservation in men and embryo cryopreservation in women should be provided-unless under a research protocol.
- Experimental procedures such as oocyte and ovarian tissue cryopreservation should be offered only under IRB protocol.
- Concerns for welfare of the resulting offspring should not be cause for denying cancer patients assistance in reproducing.
- Parents may act to preserve fertility of cancer patients who are minors if the child assents and the intervention is likely to provide net benefits to the child.
- Precise instructions should be given to the healthcare provider(s) regarding disposition of stored gametes, embryos, gonadal tissue in the event of the patient’s death.
- Preimplantation genetic diagnosis to avoid the birth of offspring with a high risk of inherited cancer is ethically acceptable.

In the adolescent age group as well as in the adult, research protocols are looking at cryopreservation of ovarian tissue with the plan of placement *in vivo* once the patient is cured of the malignancy. Oocyte cryopreservation, while not ready for prime time clinical use is certainly being looked at, “perfected”, again in an effort to provide this means of fertility preservation to our young female population. So the Newsweek publication on the stands not all that long ago, “Survive Cancer: Have Baby”, has become even more meaningful for us, the NASPAG membership.

Joseph S. Sanfilippo, MD, MBA
NASPAG Executive Director

MARK YOUR CALENDAR FOR THE 24TH NASPAG ACM

THE WESTIN CASUARINA

LAS VEGAS, NEVADA

APRIL 14-17, 2010



The Westin Casuarina Las Vegas is a world class hotel chain run by Starwood, focuses on appealing to all the senses through smell, touch, taste and sound. Located just off the Strip, the Westin is a refined hotel, casino and spa known for its service and refreshing modern style. The hotel is approximately three miles from McCarran International Airport.

With over 800 guestrooms, The Westin Casuarina is perfect for both business and leisure travelers alike. The guestrooms are complete with the famous Heavenly bed – an all white bedding package complete with a pillowtop mattress, down blankets, triple sheeting and hypoallergenic pillows. The bathrooms are also heavenly complete with dual showerheads and plush white bathrobes.

The Westin is home to Suede, a 24 hour restaurant offering a la carte meals and appetizers. Located in the lobby and directly off the casino, this signature restaurant is the perfect place to catch a tasty meal. For the coffee addict, The Westin is home to its very own Starbucks, serving coffee, espresso, pastries and sandwiches. Guests who are seeking a rejuvenating experience, are sure to enjoy the Hibiscus Spa. This large spa is home to dry and wet saunas, multiple treatment rooms, a full service beauty salon and a state of the art exercise center featuring a universal gym, cardio equipment and free weights.

Hope to see you at the 2010 NASPAG ACM!!!



The Newsletter Needs You!

The NASPAG Newsletter is a quarterly publication that is posted on the organization's website. Any member is welcome to submit articles for the Newsletter.

The Society is especially interested in member news including awards, speaking engagements, and courses of interest to the membership.

The Newsletter is also happy to publish fellowship and employment opportunities.

Thanks for articles submitted in the past and please think of the Newsletter as a way to communicate with colleagues.

Please submit any articles to: Judith T.Burgis (judy.burgis@uscmed.sc.edu) Thanks!

VISIT THE NASPAG WEBSITE www.NASPAG.org

Reminding all members to check the NASPAG website for:

- 2009 ACM Information
- Journal contents
- NASPAG store
- Fellowship Opportunities
- New Clinical Resources
- Online Dues Payment
- And of course, the latest edition of the NASPAG Newsletter

Hyatt Regency San Antonio On the Riverwalk

Travel Information



Hotel Address

Hyatt Regency San Antonio
123 Losoya,
San Antonio, Texas, USA 78205
Tel: +1 210 222 1234 Fax: +1 210 227 4925

Directions

From San Antonio International Airport (12 miles):
Take 281 S. which will turn into I-37 S. near the downtown area. Follow I-37 S. and exit Houston Street. Turn right on Houston. Proceed 5 blocks to Broadway. Turn left on Broadway and continue down 3 blocks. (Broadway changes to Losoya Street). Hotel is on the right.

Parking

Hyatt parking is located directly across the street at the Central Parking System garage.

Self Parking - \$23.00 plus tax per night with in/out privileges

Valet Parking- \$30.00 plus tax per night with in/out privileges

Transportation

Airport: San Antonio International Airport

Taxi - \$18 one-way per car. Seating and Luggage: 6 passengers / amount of luggage depends on size of bags.
Pick Up: Lower level of the airport.

SATRANS Airport Shuttle - \$18 one way.