



North American Society for Pediatric and Adolescent Gynecology

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From the President: Frank M. Biro, M.D.

I would like to extend an invitation to all of you to attend the 21st annual meeting of NASPAG. We have invited a singularly impressive group of plenary speakers who are of national and international reputation. They will discuss state-of-the-art approaches to congenital anomalies, the polycystic ovary syndrome, management of sexually transmitted infections, adolescent risk and resiliency, and evaluation and management of Turner's syndrome. The workshops will provide insight on issues concerning the salient contemporary clinical questions. Additionally, we have asked Ms. Jane Fonda to join us Thursday evening to discuss "Sex and Destiny".

I could (and probably should) wax poetic on Drs. Laufer, Azziz, Workowski, Klein, and McDonough. They are names you know well, for their important work in the fields of pediatric and adolescent gynecology, OB/GYN, and STIs. What you may not be aware of, however, is the work that Ms. Fonda has done with adolescents, especially in the related fields of reproductive health and pregnancy prevention. Ms. Fonda created G-CAPP, the Georgia Campaign for Adolescent Pregnancy Prevention, after attending the U.N. Conference for Adolescent Pregnancy Prevention in 1994. The concept is based on providing a broad pregnancy prevention program to address the underlying social antecedents, through identifying best practices, finding appropriate agencies to implement those programs, and assist in locating funding for those agencies.

In addition to G-CAPP, Ms. Fonda also worked with Emory University to form the Jane Fonda Center to provide education and training, research, and policy development with an emphasis on adolescent reproductive health, and to provide specialized care for adolescents in the Grady Hospital Teen Services Program.

I would like to thank Lies Quint, our program chair, and the entire Program Committee, for a great agenda. Please join us in Atlanta for what will prove to be a most memorable meeting. Aloha.

From the Past President: Janice L. Bacon, M.D.

Pediatric and Adolescent Gynecology at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists

For those of you who are not able to attend the NASPAG Annual Clinical Meeting or . . . have not had enough pediatric and adolescent gynecology, I want to tell you about the exciting educational offerings available at the Annual ACOG Meeting. ACOG will meet in San Diego, May 5-9, 2007 at the San Diego Convention Center. The preliminary program is on the ACOG website (www.acog.org/acm/). Highlights of the upcoming topics will include, "Pediatric and Adolescent Gynecology: Case-Based Learning", presented by Dr. Paige Hertweck and Dr. Lies Quint, as well as a post-graduate course on the "Human Papillomavirus Vaccine". These one-day postgraduate courses will be held on Sunday, May 5th.

On Monday, several clinical seminars are of interest, including, "Contraception for Adolescents and Young Females: Improving Long Term Use", "Menstrual Management: The How-Tos and the What-Fors", by Dr. Paige Hertweck and Dr. Janice Bacon, in addition to a clinical seminar on "Lesbian Healthcare Needs". Several luncheons also will be of interest, including those on management of abnormal PAP smears, the new CDC STD guidelines, dysmenorrhea and endometriosis.

On Tuesday, clinical seminars of note will include "Updates on STDs and Vaginitis", "Plan B - Where Do We Go From Here?", and "Managing Abnormal PAP Smears with the New Guidelines". Luncheons will include discussion of contraception and endometriosis.

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UNPROTECTED

Let me ask you, what do you know about the gynecological and psychosocial problems our patients face day in and day out on any one of America's college campuses? Allow me to share with you information from a campus psychiatrist who focuses on "how political correctness in medicine, psychiatry in particular, endangers every student." The book is entitled, "UNPROTECTED", and the author is "Anonymous, M.D.". A reflection of more than 2,000 college students allows us to be more aware and more considerate of the trials and tribulations that many of our patients go through.

Statistics published in 2005 reveal that 90% of campus health centers have experienced a significant increase in serious psychological problems among college students.

- The concept of acquiring an STI is a "right of passage" that comes with the territory. We are reminded of the "silent epidemic of Chlamydia", a steep price to pay for infertility.
- No one mentions to the teen that a one-night-stand, while it usually does not result in pregnancy, indeed, can result in psychological harm. The partner is never to be seen again; Is this "love"?
- Dangerous behavior is a personal choice and "judgment is prohibited," as Dr. Anonymous tells us.
- Psychiatry has been "hijacked", we are told. Religion is frowned upon. But we are reminded how religion may indeed help a teen survive the hard times, the anxiety, and the rejection.
- Dr. Anonymous has a "Memo to the American Psychiatric Association (APA)," "BELIEVING IN GOD IS GOOD FOR YOU."
- Zoloft indeed works on campus and off!
- Bipolar disorders, both Type I and II, schizophrenia, obsessive compulsive disorders (OCD)-do you and I look for these problems in our practice? Do we always remember to ask the depressed teen if she is suicidal?
- Dr. Anonymous says, "IF SOMEONE IS MY PATIENT, I AM RESPONSIBLE FOR HER-ALL OF HER".
- Is one's liver more important than one's Fallopian tubes? It's not just the alcohol, but the "hook up" that can be more scarring, long term.
- We learn about Heather-being used for her boyfriend's convenience, and on his terms and his schedule. Stacey kept "cutting herself" as her way to deal with the stress of campus life.
- Sophia had a meltdown because her dentist-husband was cheating on her during her pregnancy. Dr. Anonymous tells us who gets "revenge" and how.
- That patient of ours that just had an abortion- do you feel comfortable exploring all the psychological nuances that the abortion clinic perhaps didn't have time to address? Dr. Anonymous gives us food for thought, which I have to say assisted me in counseling just that scenario in my office.

Well, the big picture is that we are the leaders; we are the role models; we need to stop and put ourselves in the shoes of that campus neophyte, stopping to consider the stressors, the peer pressure, the "hook up" that leaves the one-night stander alone and psychologically distraught. We need more literature like this, and more authors like Dr. Anonymous, as indeed we are "responsible-responsible for all of her".

NASPAG ENDOWMENT UPDATE

submitted by Janice L. Bacon, M.D.

NASPAG is pleased to announce that the current endowment fund is at \$20,400. Our receipts from 2006 are \$13,200; and 2007 receipts and pledges total \$7,200. Thank you to Dr. Gita Gidwani for heading up this year's endowment campaign. Thank you to all donors! If you have not made a donation, please contact us through the website or plan to donate when you attend the Annual Clinical Meeting in April.



(L to R) **Dr. Judith Burgis, Dr. Elisabeth Quint, and Dr. Janice Bacon**, NASPAG members who presented a postgraduate course entitled, "Pediatric and Adolescent Gynecology for the Generalist" at the South Atlantic Association of Obstetricians and Gynecologists Annual Meeting held at the Homestead in Hot Springs, Virginia.

NASPAG NEWS is a quarterly newsletter distributed to all members of the *North American Society for Pediatric and Adolescent Gynecology*. Members are encouraged to submit items for publication (i.e. articles, letters, announcements, photographs or member-related news) to one of the following persons:

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2007 Annual Clinical Meeting Abstracts

submitted by Yolanda R. Smith, M.D., Chair

Thank you to all who submitted abstracts for the NASPAG Annual Clinical Meeting! We have an exciting scientific program planned covering the full range of pediatric and adolescent gynecology research topics. This year's meeting will include 12 oral presentations and 35 poster presentations. A total of 32 original research abstracts and 15 case report abstracts will be presented. The Abstract Committee is continuing to work with the online submission process to streamline the submission, review, and acceptance process. We would like to offer a special welcome to the many trainees who will be presenting their research at NASPAG. Please join us in Atlanta for an outstanding abstract program!

Website Committee Report

submitted by Eduardo Lara-Torre, Chair

Please be sure to visit the website (www.naspag.org) to see some of the modifications, rearrangement of information and content already undertaken. We are awaiting further changes as they become approved by the committee, with the goal of making the site more informative and user friendly. If you have any suggestions, please submit them to the Administrative Office via email at NASPAG@asrm.org.

From the Past President

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On Wednesday, the scientific session of ACOG will be on the "Human Papilloma Vaccine - Development and Clinical Usage". That same day, there will also be an interactive session about "Choices and Uses of Contraception".

In addition, other forums for learning about human papillomavirus, abnormal PAP smears and the new vaccine, are available in all areas, including clinical seminars, luncheons and posters. Presentations focused on adolescent gynecology, gynecologic care of women with disabilities, chronic pelvic pain, coding, and a postgraduate course on advances in vulvar and vaginal conditions may be of interest to clinicians who are focusing on pediatric and adolescent gynecology, but who also see adult patients.

San Diego will be delightful in May. The social functions are exciting; and the ACOG website has all of the details. Hope to see you there!

**REMEMBER TO
RENEW YOUR
2007 MEMBERSHIP!**

NASPAG ANNOUNCEMENTS

http://www.naspag.org/health_prof/announcements.html

2007 ANNUAL CLINICAL MEETING

The Annual Clinical Meeting will be held April 19th-21st at the InterContinental Hotel Buckhead, Atlanta, Georgia. **SPECIAL GUEST APPEARANCE BY JANE FONDA!**

Check the website (<http://www.naspag.org/ACM/geninfo.html>) for further details and updates as they become available.

The Annual ACOG Meeting will be held in San Diego, CA, May 5-9, 2007 at the San Diego Convention Center. The preliminary program can be found on the ACOG website (www.acog.org/acm/).

ACM REMINDER:

Oral presentations should be received in the Administrative Office by **April 16, 2007**. This information can be sent via email (NASPAG@asrm.org) or by mail on a CD. This information will be preloaded before the meeting begins.

Mail to:
NASPAG
1209 Montgomery Highway
Birmingham, AL 35216



NASPAG ACM 2008

APRIL 17th - 19th

Marriott Newport Beach

Hotel & Resort

Newport Beach, California

SURGICAL CASES FOR ACM

Dr. Breech and Dr. Millar look forward to moderating another workshop this year on *Challenging Surgical Cases in Pediatric and Adolescent Gynecology*.

To maximize learning for everyone, we are, again, **inviting you to bring along any cases that you have found interesting or challenging.**

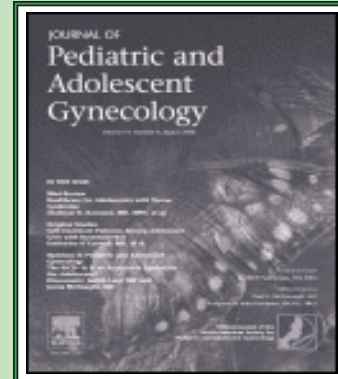
We anticipate a session with much audience participation, and look forward to seeing you all again.

Pediatric and Adolescent Gynecology HIGHLIGHTS

The February issue of JPAG includes the following NASPAG documents:

*A Developmental Perspective
on Adolescent Risk Behaviors*
Sucato G
pages 1-2

*Counseling Adolescents about Abstinence
in the Office Setting*
Ott MA, Labbett RL, Gold MA
pages 39-44



*Kiss and Tell: What Do We Know About Pre- and Early Adolescent Females
Who Report Dating? A Pilot Study*
Martin CA, Lommel K, Cox J, Kelly T, Rayens MK, Woodring JH, Omar H
pages 45-49

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