

Current Topics in Pediatric and Adolescent Gynecology

A CME Conference designated for AMA PRA Category 1 Credit™

Wednesday, November 3, 2010

7:30 AM to 4:00 PM

Rust Auditorium, North Shore University Hospital
Manhasset, NY



Presented by the Department of
Obstetrics and Gynecology of the
Long Island Jewish Medical Center
and Department of Pediatrics at
Steven & Alexandra Cohen
Children's Medical Center of NY



Jointly Sponsored with the
North American Society for Pediatric and Adolescent Gynecology
www.naspag.org



Steven & Alexandra Cohen
Children's Medical
Center of NY

Program Rationale: Pediatric and adolescent gynecology is an emerging subspecialty involving the collaborative efforts of health professionals from gynecology, general pediatrics, adolescent medicine, pediatric surgery, pediatric urology, and pediatric endocrinology. The gynecologic problems encountered in the pediatric and adolescent population are unique to this age group and involve skills differing from those utilized with an adult population. Presentation of common gynecologic problems in children and adolescents, evaluation and assessment techniques, and therapeutic management require a comprehensive understanding of embryology, hormonal physiology, and anatomy in the pediatric and adolescent patient and an educated vision of how pathology will impact future sexual and reproductive functioning.

Program Objectives: At the conclusion, participants should be able to:

- 1 **Describe** the common gynecologic issues experienced by pediatric and adolescent patients.
- 2 **Perform** appropriate pediatric and adolescent gynecologic pertinent history and physical exam.
- 3 **Explain** appropriate evaluation and diagnosis of common gynecologic disorders found in the pediatric and adolescent female population.
- 4 **Apply** current practice guidelines for preventive health measures for pediatric and adolescent female patients as established by ACOG, AAP, and the US Preventive Services Task Force.

Target Audience: Pediatricians, Gynecologists, Adolescent Medicine Specialists, Reproductive Endocrinologists, Pediatric Endocrinologists, Pediatric Urologists, Family Practitioners, Primary Care Physicians, Nurse Practitioners, Physician Assistants, and Registered Nurses

CME Accreditation: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of North Shore-LIJ Health System and the North American Society for Pediatric and Adolescent Gynecology. North Shore-LIJ Health System is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education for physicians.

Credit Designation: The North Shore-LIJ Health System designates this educational activity for a maximum of **6.75 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing Credit: The American Nurses Credentialing Center (ANCC) will accept **1.0 AMA PRA Category 1 Credit™** as equal to 1.0 ANCC contact hour. Nurses should inquire with their specialty organizations and professional institutions as to their acceptance of **AMA PRA Category 1 Credits™**.

Verification of Attendance will be provided to all professionals.

Location: The Rust Auditorium
North Shore University Hospital
300 Community Drive
Manhasset, New York 11030

Directions to hospital, please call (516) 562-0100

Registration Fee: Through 10/27/10: \$125, Physicians; \$100, NASPAG Members; \$100, NP, PA, RN; \$75 Physicians-in-training/Students. Fee includes conference registration, continental breakfast, lunch, conference resources, CME certificate, verification of attendance, parking. A confirmation letter will be sent. Registration fee after 10/27/10 will be \$140-MD; \$115- NASPAG, NP, PA, RN; \$90-students.

Conference Information: Conference coordinated by the North Shore-LIJ Health System's Office of Continuing Medical Education. Phone (516) 465-2500 Fax (516) 465-8204. Pre-registration is required and registration will be limited. Confirmation letters will be sent. Phone registrations are not accepted.

Cancellation Policy: All cancellations must be confirmed in writing to the Office of Continuing Medical Education by Wednesday, October 27, 2010 for a full tuition refund. No refund will be made after this date, or for "no-shows".

Special Needs: Americans with Disabilities Act: This conference is in compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require accommodations, please contact the Office of CME at North Shore-LIJ Health System: 516-465-3CME (3263).

Faculty Disclosure Policy: North Shore-LIJ Health System adheres to the ACCME's New Standards for Commercial Support. Any individuals in a position to control the content of a CME activity, including faculty, planners, and managers are required to disclose all financial relationships with commercial interests. All identified potential conflicts of interest are thoroughly vetted by North Shore-LIJ for fair balance and scientific objectivity and to ensure appropriateness of patient care recommendations.

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Program of the Day

- 7:30 AM **Registration and Continental Breakfast**
- 8:00 AM **Opening Remarks**
 Fredrick Bierman, MD
 Chairman, Departments of Pediatrics
 Steven & Alexandra Cohen Children's Medical Center of NY
 Professor of Pediatrics, Albert Einstein College of Medicine
- Adiel Fleischer, MD
 Chairman, Departments of Obstetrics and Gynecology
 Long Island Jewish Medical Center
 North Shore University Hospital
 Professor of Obstetrics & Gynecology and Women's Health
 Albert Einstein College of Medicine
- Martin Fisher, MD
 Chief, Division of Adolescent Medicine
 Department of Pediatrics
 Steven & Alexandra Cohen Children's Medical Center of NY
 Past President, North American Society for
 Pediatric and Adolescent Gynecology (NASPAG)
- Moderator for Plenary Session:**
 Heather Appelbaum, MD
 Director, Division of Pediatric and Adolescent Gynecology
 Department of Obstetrics and Gynecology
 Long Island Jewish Medical Center
 Steven & Alexander Cohen Children's Medical Center of NY
 Assistant Professor of Obstetrics & Gynecology
 and Women's Health
 Albert Einstein College of Medicine
- 8:15 AM **Polycystic Ovarian Syndrome**
 Joseph Sanfilippo, MD, MBA
 Executive Director, NASPAG
 Director, Reproductive Sciences
 Division of Reproductive Endocrinology and Infertility
 Department of Obstetrics, Gynecology and Women's Health
 The University of Pittsburgh School of Medicine
- 9:00 AM **Bone Health in Adolescents**
 Susan M. Coupey, MD
 Chief, Section of Adolescent Medicine
 Department of Pediatrics
 Children's Hospital at Montefiore Medical Center
 Professor of Pediatrics, Albert Einstein College of Medicine
- 9:45 AM **Break**
- 10:00 AM **Disorders of Sexual Development**
 Heino F. L. Meyer-Bahlburg, Dr. rer. nat.
 Director, Program of Developmental Psychoendocrinology
 Department of Psychiatry, Columbia University
- 11:00 AM **The BRCA Gene –
 Implications for Adolescents**
 Jonathan Herman, MD
 Department of Obstetrics and Gynecology
 Long Island Jewish Medical Center
 Assistant Clinical Professor of Obstetrics &
 Gynecology and Women's Health
 Albert Einstein College of Medicine
- 12:00 PM **Lunch**
- 1 - 4 PM **Workshops**

Workshop Sessions

TIME	Group 1	Group 2	Group 3	Group 4
1:00 PM	Pelvic Pain and Endometriosis in Adolescents Joseph Sanfilippo, MD	Dysfunctional Bleeding: Hormonal or Hematologic? Linda Carmine, MD Suchitra S. Acharya, MD	Pediatric Vulvar Disorders Jonathan Trager, MD	Body Piercing, Breast Augmentation, and Labial Reduction Karen Kostroff, MD Lyle Leipziger, MD
2:00 PM	Preservation of Fertility in the Oncology Patient Matthew A. Cohen, MD Jonathan D. Fish, MD	Menarche: Too Soon or Too Late Paula Kreitzer, MD	Sexual Abuse and Trauma Jamie Hoffman-Rosenfeld, MD	HPV in 2010: Prevention, Evaluation and Treatment Mark Spitzer, MD
3:00 PM	Challenging Cases in Pediatric Gynecologic Surgery Heather Appelbaum, MD	Contraception Methods: New and Old Valerie Altmann, MD	Sexually Transmitted Infections Jill Maura Rabin, MD	Eating Disorders Martin Fisher, MD



Course Directors:

Heather Appelbaum, MD

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Conference Coordinated By

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NORTH SHORE-LIJ HEALTH SYSTEM
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175 Community Drive
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DATED MATERIAL