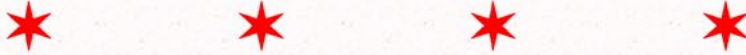




North American Society for
Pediatric and Adolescent Gynecology



THIRTY-FIRST ANNUAL

Clinical & Research MEETING

April 20-22, 2017
Renaissance Chicago
Downtown Hotel
Chicago, IL

Engaging the Stars
of NASPAG



Education Clinical Care
Research Advocacy



Dear Friends and Colleagues,

It is a great pleasure to welcome you to the 31st North American Society for Pediatric and Adolescent Gynecology (NASPAG) Annual Clinical Research Meeting (ACRM). This year's meeting will be held at the very contemporary Renaissance Chicago Downtown, located close to all the art, restaurants and shopping that make Chicago such an exciting place to visit. Whether this is your first or thirty-first time attending the meeting, this meeting will be a place for:



- ★ Education! From up to date strategies to manage PCOS and obesity, to the latest information on the microbiome and transgender surgery, plenaries and workshops are designed to be engaging and cutting edge. An increased number of simulation sessions in PAG education, surgery, and evaluation of sexual assault are key parts of the conference's commitment to active learning.
- ★ Networking! Whether your background is gynecology, pediatrics, or family medicine, and whether you are a resident, fellow, nurse or physician, your interest in PAG makes this a meeting perfect for collaborating with colleagues at networking luncheons and open special interest groups.
- ★ Research! Peer-reviewed oral abstracts, poster presentations, video abstracts all will bring you the latest information in our field.
- ★ Advocacy! Workshops and roundtables on girls and gangs, female genital mutilation, and legislative intrusion in medicine may inspire you to help at the local or global level. A panel with the leading national experts on transgender care will help us learn about best policies and practices for caring for a patient population new to many of us.

Of course the meeting will be a warm place for spending time with new and old friends, discovering the great local dining and then working out with our own NASPAG fitness expert. So register now for the NASPAG 31st ACRM! See you in Chicago!

Warmest regards,

Judy Simms-Cendan, MD
2017 NASPAG ACRM Program Chair

Dear Friends and NASPAG colleagues

Dear NASPAG Friends and Colleagues,
Welcome to the 31st NASPAG Annual Clinical and Research Meeting (ACRM) at the Renaissance Chicago Downtown Hotel!
Our ACRM Committee for 2017, under the leadership of our Chair, Judy Simms-Cendan, has prepared a fabulous program this year. As in past years we will continue to have the wonderful plenary sessions, workshops and research presentations which fulfill our mission to provide multidisciplinary leadership in education, research and gynecologic care to improve the reproductive health of youth.



As we continue to expand and grow, however, we have made some changes to the meeting. This year:

- ★ Because of the large number of submissions, there will be **2 poster sessions: one on Thursday the 20th and one on Friday the 21st**. Therefore, there will be different posters presented each day, so please take time to go by and review them on both days.
- ★ On Friday, Lisa Jane Jacobsen will be leading an early morning **Fitness Class** in lieu of the previous Fun Run. Take advantage of this great opportunity to practice what we preach!
- ★ **The Special Interest Group (SIG) meetings have been moved to the Friday lunch session** and are open to all who interested. This will allow participants to meet, network and discuss clinical, educational, research and advocacy priorities within their "Special Interest". Current SIGs include: Contraception, Disorders of Sexual Development, Fertility Preservation, Nursing, Pediatric and Adolescent Obesity, Physicians-in-Training and Clinicians Caring for Adolescents with Disabilities. Lunch will be provided.
- ★ There will be 4 **industry sponsored simulation workshops** on Friday afternoons: Advanced Hysteroscopy and Laparoscopy, Pre-pubertal exam and Vaginoscopy, Sexual Abuse and Forensic Imaging, Intrauterine Device Insertion Workshop and Nexplanon Insertion and Removal. If you are interested, please register for these ahead of time.
- ★ Additionally, on Friday afternoon **BeautifulyouMRKH** will be conducting a Patient-Centered Outcomes Research Institute (PCORI) funded workshop which will address patient care for MRKH from the perspectives of affected individuals, family members, pediatric and adolescent gynecologists, mental health experts and researchers. All are welcome but you must register ahead of time.
- ★ And on Saturday morning we will have a new format with a plenary lecture as well as a panel addressing **transgender care**.

As usual we have a busy meeting but we hope there will be more time to mingle, network as well as take in some of the sights and culinary experiences Chicago has to offer. Amber Truehart, our local host has prepared a list for those of you who want to explore. Enjoy the meeting and stop by to introduce yourself! I look forward to meeting as many of you as possible.

Veronica Gomez-Lobo, MD
NASPAG President





NORTH AMERICAN SOCIETY FOR PEDIATRIC AND ADOLESCENT GYNECOLOGY
31st Annual Clinical & Research Meeting

Mission and Goals

The mission of the Society is to provide multidisciplinary leadership in education, research and gynecologic care to improve the reproductive health of youth.

The North American Society for Pediatric and Adolescent Gynecology shall pursue scientific and educational goals, including the following:

- ★ Serve and be recognized as the lead provider in PAG education, research and clinical care.
- ★ Conduct and encourage multidisciplinary and inter-professional programs of medical education and research in the field of PAG.
- ★ Advocate for the reproductive well-being of children and adolescents and the provision of unrestricted, unbiased and evidence based practice of PAG.



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Nationwide Children's Hospital
Columbus, OH

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Orlando Health
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Children's Hospital Colorado
Aurora, CO

Beth W. Rackow, MD
Columbia University Medical Center
New York, NY

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Judy Simms-Cendan, MD
University of Central Florida
Orlando, FL

Abstract Chair

Jennifer Woods, MD, MS
Children's Hospital of Colorado
Aurora, CO

Luncheons Co-Chairs

Amy Sass, MD
Children's Hospital of Colorado
Aurora, CO

Anne-Marie Amies Oelschlager, MD

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Seattle, WA

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University of Kentucky
Lexington, KY

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Northshore LIJ
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Baylor College of Medicine
Houston, TX

Marcella Donaruma-Kwoh, MD
Baylor College of Medicine
Houston, TX

Veronica Gomez-Lobo, MD
Children's National Health System
& MedStar Washington Hospital
Center
Washington, DC

Jeanette Higgins
Kansas City, MO

Patricia Huguelet, MD
University of Colorado, Children's
Hospital of Colorado
Aurora, CO

Sari Kives, MD
Hospital for Sick Children
University of Toronto
Toronto, ON, Canada

Elizabeth Miller, MD, PhD
University of Pittsburgh School of
Medicine
Pittsburgh, PA

Beth Morrel
Rotterdam, Netherlands

Rachel Polis
Kosair Children's Hospital
Louisville, KY

Mary Romano, MD, MPH
Children's Hospital at Vanderbilt
Nashville, TN

Ellen Rome, MD, MPH
Cleveland Clinic
Cleveland, OH

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Joseph Sanfilippo, MD, MBA
Magee Women's Hospital
Pittsburgh, PA

Amber Truehart
The University of Chicago
Chicago, IL

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Thirty-First Annual Clinical & Research Meeting

Faculty

Kjersti Aagaard, MD, PhD
Baylor College of Medicine
Houston, TX

Akua Afriyie-Gray, MD
Loyola Medical Center
Chicago, IL

Anjali Aggarwal, MD, FRCS(c), MHSc
University of Toronto
Toronto, Ontario, Canada

Lisa Allen, MD
Toronto, Ontario, Canada

Ann Marie Amies-Oelschlager, MD
University of Washington/Seattle
Children's
Seattle, WA

Arlene Baratz, AB, MD
AIS-DSD Support Group
Pittsburgh, PA

Janie Benoit, MD
University of Montreal
Montreal, Quebec, Canada

Rukhmi Bhat, MD, MS, DNB
Northwestern University
Feinberg School of Medicine
Chicago, IL

Andrea Boccelli
Elsevier
Philadelphia, PA

Andrea Bonny, MD
Nationwide Children's Hospital
Columbus, OH

Lesley Breech, MD
Cincinnati Children's Hospital
Cincinnati, OH

Karen Burns, MD
Cincinnati Children's Hospital
Cincinnati, OH

Melanie Davis, PhD, CSE, CSES
Sexuality Education Consultant
Honest Exchange

Tazim Dowlet-McElroy, MD
University of Missouri-Kansas City
Kansas City, MO

Leticia Elizondo-Montemayor, MD
Tecnológico de Monterrey
Monterrey, Nuevo León, Mexico

Jessica Francis, MD
Medical College of Wisconsin
Milwaukee, WI

Vanessa Furtado
Physicians for Reproductive Health

Emily Godfrey, MD, MPH
University of Washington/Seattle
Children's
Seattle, WA

Catherine Gordon, MD
Cincinnati Children's Hospital
Cincinnati, OH

Dee Hartman, MD
National Vulvodynia Association
Silver Spring, MD

Judith Hersh, MD, FACOG
Women's Care Source
Bedminster, NJ

Kyndal Hettich, RD
Children's Hospital of Wisconsin
Milwaukee, WI

Geri Hewitt, MD
Nationwide Children's Hospital
Columbus, OH

Holley, Hoefgen, MD
Cincinnati Children's Hospital
Cincinnati, OH

Melissa Holmes, MD
Greenville Health System & Gynology
Greenville, SC

Emilie Johnson, MD, MPH
Ann & Robert H. Lurie
Children's Hospital of Chicago
Chicago, IL

Paritosh Kaul, MD
University of Colorado
Children's Hospital Colorado
Aurora, CO

David Klein, MD, MPH, MAJ
Uniformed Services University
Fairfax, VA

Melisa Kottke, MD, MPH
Emory University School of Medicine
Atlanta, GA

Delese LaCour, MD
Johns Hopkins
Baltimore, MD

Angela Lawson, MD
Northwestern University
Chicago, IL

Britt Lunde, MD, MPH
The Icahn School of Medicine at Mount
Sinai
New York, NY

Ryan McDonough, MD
Children's Mercy Kansas City
Kansas City, KS

Erin McKnight, MD
Nationwide Children's Hospital
Columbus, OH

Diane Merritt, MD
Washington University in St. Louis
St. Louis, MO

Elizabeth Miller, MD, PhD
Children's Hospital of Pittsburgh
Pittsburgh, PA

Jaclyn Morrison, MD
Strong Memorial Hospital
Rochester, NY

Deborah Morse, MSN-RN
Cincinnati Children's
Cincinnati, OH

Pamela J. Murray, MD, MHP
West Virginia University
Morgantown, WV

Deborah Ottenheimer, MD
Weill Cornell School of Medicine
New York, NY

Staci Pollack, MD
Albert Einstein College of Medicine
Montefiore Medical Center
Hartsdale, NY

Elisabeth Quint, MD
University of Michigan
Ann Arbor, MI

Beth Rackow, MD
Columbia University Medical Center
New York, NY

Arwa Saidi, MD
University of Florida
Gainesville, FL

Xiomara Santos, MD
Orlando Health
Orlando, FL

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Thomas Satterwhite, MD
Brownstein & Crane Surgical Services
Greenbrae, CA

Beth Schwartz, MD
Thomas Jefferson University Hospital
Philadelphia, PA

Brandi Shah, MD
University of Washington
Seattle, WA

Arlene Smalls, MD
Christiana Care Health System
Newark, DE

Nancy Sokkary
Navicent Health, Mercer School of
Medicine
Macon, GA

Aparna Sridhar, MD, MPH, FACOG
David Geffen School of Medicine at
UCLA
Los Angeles, CA

Christina Stewart, LISW-S
Cincinnati Children's
Cincinnati, OH

Gina Sucato, MD
Group Health
Belleville, WA

Margaret Thew, MSN, FNP-BC
Medical College of Wisconsin
Wauwatosa, WI

Orquidia Torres, MD
Children's Hospital of Pittsburgh of
UPMC
Pittsburgh, PA

Amber Truehart, MD
University of Chicago Medicine
Chicago, IL

Nichole Tyson, MD
North Valley, Kaiser Permanente
Loomis, CA

Samantha Vilano, MD, MSc
Indiana University Hospital
Indianapolis, IN

Trudy Voortman, MD
Erasmus Universiteit Rotterdam
Rotterdam, The Netherlands

Natalie Whaley, MD, MPH
University of Rochester
Rochester, NY

Ellen Wilson, MD
UT Southwestern Medical Center
Dallas, TX

Selma Witchell, MD
University of Pittsburgh Medical
Center
Pittsburgh, PA

Richard Wood, MD
Nationwide Children's Hospital
Columbus, OH

Jennifer Woods, MD, MSc, FAACOG
University of Colorado
Denver, CO

Mark H. Yudin, MD, MSc, FRCSC
University of Toronto
Toronto, Ontario

Amy Ziering
Academy Award-nominated,
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Angeles, CA

Nikki Zitte, MD
University of Tennessee Graduate
School of Medicine
Knoxville, TN

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Oral Abstract Presenters

Janeen Arbuckle, MD, PhD
University of Alabama At
Birmingham
Birmingham, AL
Frank Biro, MD
Cincinnati Children's Hospital Medical
Center
Cincinnati, OH
Charis Nailah Chambers, MD
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Greenville, SC
Tazim Dowlut-McElroy, MD, MS
University of Missouri-Kansas City
Kansas City, MO

Hanna Goldberg, MS
The Hospital for Sick Children
Toronto, Ontario, Canada
Paula J Adams Hillard, MD
Stanford University School of
Medicine
Menlo Park, CA
Rula V Kanj, MD
Cincinnati Children's Hospital Medical
Center
Cincinnati, OH
Carol P King, MD
The Hospital for Sick Children
Toronto, Ontario, Canada

Alexis Light, MD, MPH
MedStar Washington Hospital Center
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Medicine
Indianapolis, IN
Rachael Leigh Polis, DO
Norton Children's Hospital
Louisville, KY
Nicole Wood Karjane, MD
Virginia Commonwealth University
Richmond, VA
Noor Zwayne, MD
Phoenix, AZ

Overview

The 31st Annual Clinical & Research Meeting (ACRM) of the North American Society for Pediatric and Adolescent Gynecology (NASPAG) is designed for primary care physicians, specialists, nursing and allied health professionals, and physicians in training whose practices include pediatric and adolescent female patients and/or whose practices include the gynecologic care of pediatric and adolescent patients. The course will consist of keynote sessions and concurrent presentations addressing critical issues in pediatric and adolescent gynecology, surgery, endocrinology and sexuality. The faculty and participants will interact in a variety of formats, including formal and informal group discussions, oral and poster sessions including video abstracts, and interactive stimulations in order to disseminate the latest information concerning pediatric and adolescent female patients.

Conference Learning Objectives:

At the conclusion of the meeting, attendees should be better able to:

- Be knowledgeable about scientific advancements in core and emerging topics in pediatric and adolescent gynecology.
- Improve patient care and outcomes through increased knowledge of best practices in pediatric and adolescent gynecology.
- Enhance education of students, residents and fellows through use of the NASPAG curriculum, simulations, and educational web-based resources.
- Connect with a network of specialists interested in pediatric and adolescent gynecology in order to facilitate research opportunities, advocacy and patient care.

Accreditation – Continuing Medical Education

Course Information

The 31st Annual Clinical & Research Meeting (ACRM) of the North American Society for Pediatric and Adolescent Gynecology (NASPAG) is designed for primary care physicians, specialists, nursing and allied health professionals, and physicians in training whose practices include pediatric and adolescent female patients and/or whose practices include the gynecologic care of pediatric and adolescent patients. The course will consist of keynote sessions and concurrent presentations addressing critical issues in pediatric and adolescent gynecology, surgery, endocrinology and

sexuality. The faculty and participants will interact in a variety of formats, including formal and informal group discussions, oral and poster sessions including video abstracts, and lively debates in order to disseminate the latest information concerning pediatric and adolescent female patients.

Target Audience

This conference is intended for MD, DO, PhD, In-Training and Allied Health Professionals.

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MedStar Georgetown University Hospital and North American Society for Pediatric and Adolescent Gynecology (NASPAG) MedStar Georgetown University Hospital is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement

MedStar Georgetown University Hospital designates this live activity for a maximum of 27.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Admission

Conference name badges are required for admission to all activities related to the ACRM, including the exhibit hall and social events.

Registration Desk

The 2017 ACRM Registration Desk is located in the Burnham Registration Area. The Registration Desk will be open and staffed during the following hours:

Wednesday, April 19, 2017: 3:00 pm – 5:00 pm

Thursday, April 20, 2017: 6:30 am – 5:00 pm

Friday, April 21, 2017: 6:30 am – 5:00 pm

Saturday, April 22, 2017: 6:30 am – 12:30 pm

General Session Questions

Five to ten minutes have been scheduled at the end of each presentation for floor discussion. Please step to the floor microphone, state loudly and distinctively your name and affiliation. Out of courtesy for the presenter, as

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well as to provide an opportunity for more participants to speak, discussants are not permitted to give “mini-talks”.

Speaker Ready Room – Clark

Speakers are asked to check-in with our AV staff at least 4-hours prior to your presentation. The Speaker Ready Room will be available during conference hours, 7:00 am – 5:00 pm, Thursday-Friday. Hours subject to change.

Luncheons

Box lunches will be provided on Thursday, April 21 and Friday, April 22 for all meeting registrants. Lunches will be available prior to the start of the lunch sessions. We are sorry but we are unable to provide lunches for non-registrants. Dining options are available at the hotel and nearby. Please visit the hotel concierge for more information or assistance with reservations, or check out our local host recommendations.

Safety First

Always be aware of your surroundings and practice basic safety rules. Please travel in groups and only in familiar places. When leaving the hotel property, do not wear your name badge as this could identify you as a visitor.

NASPAG cannot be responsible for your safety at the Renaissance Chicago Downtown, throughout the hotel, or conference.

Exercise Class with Lisa Jane Jacobsen: Let’s get moving! Friday, April 21st 6:45am - 7:45 am – Cloud Gate 1

Come join us for an hour of fun, energizing cardio to wake up our brains and get our blood pumping. Too much sitting doesn’t do us any good! Let’s burn some calories while we work every muscle group doing fitness/dance routines to energizing music with friends. This class is appropriate for both beginners and advanced levels. You take it at your own speed and just have fun! Bring a friend! Roll out of bed, pull on some exercise clothes and come on down. We can all go to the first session a little sweaty! Looking forward to seeing you there.

NASPAG Raffle

We are pleased to announce we will be holding a raffle again this year at the ACRM to benefit the Young Scholars program. Proceeds will go towards scholarships for the 2018 ACRM. Raffle tickets will be sold and drawn throughout the meeting. Please note that you do not have to be present to win.

Tickets prices are as follows:

5 tickets for \$10
15 tickets for \$25
30 tickets for \$50

Tickets may be purchased on-site at the NASPAG Registration Desk during normal registration hours.

For attendees interested in Thursday and/or Friday evening dinner, sign-up sheets are located in the Burham registration area.

NASPAG Video Lounge is located in the Burham Registration Area

NASPAG would like to thank our sponsors and exhibitors for their support!

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Agenda

WEDNESDAY, APRIL 19, 2017

8:00 am – 1:00 pm <i>LaSalle</i>	Board of Director's Meeting <i>(Closed)</i>
1:15 pm – 5:00 pm <i>LaSalle</i>	ABOG Meeting <i>(Closed)</i>
3:30pm - 6:00 pm <i>Cloud Gate 5</i>	JPAG Editorial Meeting <i>(Closed)</i>
3:00 pm – 5:00 pm <i>Burnham Registration Area</i>	Registration

THURSDAY, APRIL 20, 2017

6:30 am – 5:00 pm <i>Burnham Registration Area</i>	Registration NASPAG Video Lounge
7:00 am – 8:00 am <i>Wacker</i>	Adolescent Medicine SIG Meeting <i>(Open)</i>
7:00 am – 8:00 am <i>Dearborn Michigan</i>	Committee Meetings <i>(Closed)</i> Resident Education Committee Meeting Education Committee Meeting
7:00 am – 8:00 am <i>Grand Ballroom Foyer</i>	Continental Breakfast – Exhibits
8:00 am – 8:05 am <i>Grand Ballroom</i>	Opening Remarks Judy Simms-Cendan, MD
8:05 am – 8:15 am <i>Grand Ballroom</i>	Local Host – Welcome Amber Truehart, MD
8:15 am – 8:30 am <i>Grand Ballroom</i>	Welcome to the 31st Annual Clinical and Research Meeting! Veronica Gomez-Lobo, MD
8:30 am – 9:30 am <i>Grand Ballroom</i>	Plenary Session I: The Joseph Russo Lectureship Risky Business: Contraception and Pregnancy in Congenital Heart Disease <i>Arwa Saidi, MD</i>

Learning Objectives:

- * Review congenital heart defects and their sequela.
- * Identify the contraceptive and obstetric challenges for the CHD patient.
- * Apply this knowledge to the counseling and management of the CHD patient.

THURSDAY, APRIL 20, 2017 *(continued)*

9:30 am – 10:30 am
Grand Ballroom

Scientific Paper Presentations
Moderator: Jennifer Woods, MD, MS

9:30 am

Treatment of Prepubertal Labial Adhesions: A Double Blinded, Randomized Controlled Trial Comparing Topical Emollient Versus Topical Estrogen
Tazim Dowlut-McElroy, MD, MS

9:45 am

Screening for At-Risk Alcohol And Drug Use In The Perinatal Period: How Do Adolescents Compare to Adult Women
Nicole Wood Karjane, MD

10:00 am

Impact of Introducing an Evidence Based Multidisciplinary Algorithm on the Management of Adnexal Masses in the Pediatric Population
Hanna Goldberg, MS

10:15 am

Data From A Menstrual Cycle Tracking App Informs Our Knowledge of The Menstrual Cycle In Adolescents and Young Adults
Paula J. Adams Hillard, MD

10:30 am – 10:45 am

Break – Exhibits *(Grand Ballroom Foyer)*
Posters *(Discover)*

10:45 am – 11:45 am

Concurrent Workshops

Cloud Gate 1

T1 – “I Never Got My Period”
Diane F. Merritt, MD

Learning Objectives:

- * Evaluate strategies to help patients without ovarian function or uterine anomalies to have self-esteem and normal long term sexual relationships.
- * Prepare parents to support their daughters once these diagnoses are confirmed.
- * Identify the main concerns and problems verbalized by our patients.

Lyric/Adler

T2 – PTSD for PAG Clinicians: Empowering Young Women with PTSD
Paritosh Kaul, MD, Bethany Ashby, Psy D, Jennifer L Woods, MD

Learning Objectives:

- * Describe the of symptoms of PTSD after sexual assault.
- * Discuss the principles for screening for PTSD symptoms in an outpatient setting.
- * Outline Gynecological concerns among adolescents with PTSD.
- * Practice techniques for counseling teens with PTSD in the PAG setting.

Cloud Gate 3

T3 – Gynecological Considerations in Patients with Cloacal Malformations
Geri D. Hewitt, MD, Richard Wood, MD

Learning Objectives:

- * Define normal and abnormal anatomy.
- * Protocolized screening for associated anomalies.
- * Outline components of comprehensive evaluation.

THURSDAY, APRIL 20, 2017 *(continued)*

- * Define indications for surgery for girls with perineal fistula and recto-vestibular fistula.
- * Key points in the anatomy regarding surgical decision making.
- * Describe limitations of evaluation prior to surgical intervention on and how to formulate an effective surgical plan.
- * Assess the various surgical options available for reconstruction in this patient group.

Cloud Gate 4

T4 – Reproductive Abnormalities: How to Optimize Future Fertility

Staci Pollack, MD, MS, Beth Rackow, MD

Learning Objectives:

- * Describe treatment options to maximize fertility for girls with various reproductive abnormalities.
- * Determine the best time for intervention to maximize fertility for girls with various reproductive abnormalities.
- * Determine the best diagnostic tests for determining future fertility potential in girls with various reproductive abnormalities.

Cloud Gate 5

T5 – Pediatric/Adolescent Female Urology

Emilie Johnson, MD, MPH

Learning Objectives:

- * Participants will be able to describe the most common urologic issues presenting in children and adolescents.
- * Participants will understand the distinction between lower urinary tract and upper urinary tract infection (UTI), and the impact of vesicoureteral reflux on UTI management.
- * Participants will be able to differentiate urethral prolapse from other introital masses, and describe treatment options.

Cloud Gate 2

T6 – LARC and Teens –Modern Contraception--> Conquering Patient & Provider Fears?

Nikki Zitte, MD, Nichole Tyson, MD

Learning Objectives:

- * Review counseling for the adolescent patient and parent about LARC
- * Discuss strategies for IUD insertions in the adolescent and/or nulliparous patients
- * Review management strategies for common side effects of LARC

11:45 am –12:00 pm

Break



THURSDAY, APRIL 20, 2017 *(continued)*

12:00 pm – 1:00 pm

Food for Thought Roundtable Luncheons

Great St.

L1 – The Ethics of Consent in Pediatric Gynecology

Anjali Aggarwal, MD, FRCS(C), MHSc, Randi Zlotnick Shaul

Learning Objectives:

- * To discuss the ethics of consent including autonomy and capacity.
- * To explore capacity in the pediatric and adolescent population.
- * To use this knowledge in our discussion of cases.

L2 – Updates on Evidence-based Contraceptive Care for Adolescents

Emily Godfrey, MD, MPH, David A. Klein, MD, MPH

Learning Objectives:

- * Describe how to use the US Medical Eligibility Criteria and US Selected Practice Recommendations in clinical practice with adolescents.
- * Identify how the US Medical Eligibility Criteria and US Selected Practice Recommendations can be used with specific medical conditions and characteristics in adolescents.
- * Use US Medical Eligibility Criteria and US Selected Practice Recommendations point of care tools during clinician patient care sessions.

L3 – Five Ways to Fit Sexuality into Your Well Visit

Judith Hersh, MD, FACOG, Melanie J. Davis, PhD, CSE, CSES

Learning Objectives:

- * Identify five essential elements in incorporating sexual health and wellness into well child visits.
- * List key questions to elicit a useful understanding of a patient's sexual health and wellness.
- * Demonstrate, through role play, how to engage in effective conversation with patients.
- * Identify patients who may need additional services and how to access those services.

L4 – Help - Managing Common and Less-Common Problems for Teens Using LARC

Melissa Kottke, MD, MPH

Learning Objectives:

- * Develop patient-centered counseling to address the teens experience with and challenges when using LARC methods.
- * Review strategies for management of common problems associated with LARC use such as break through bleeding, challenging placements or removals.
- * Review current best-practices on promotion of LARC along with dual protection strategies to reduce STDs.

L5 – Complementary and Alternative Medicine in Pediatric and Adolescent Gynecology Patients

Delese LaCour, MD

Learning Objectives:

- * Define Complementary and Alternative Medicine (CAM) and understand its prevalence in society.
- * Learn understand what modalities are considered CAM and to learn where these methods can be researched.
- * Review CAM use in the Pediatric and Adolescent GYN population.

THURSDAY, APRIL 20, 2017 *(continued)*

L6 – “Metformin in Minors: Miracle, Mystery or Mistake?”

Pamela J. Murray, MD

Learning Objectives:

- * Describe approved uses of metformin in minors.
- * Current literature regarding novel uses of metformin including – metabolic syndrome components – weight loss/prevention of weight gain – treatment of acanthosis nigricans – cancer treatment and prevention.
- * Evaluate suggestions and guidance for off label use.

L7 – “Just Wear Dark Underpants Mostly” - Advice from Adolescents on how to Counsel About the Contraceptive Implant

Britt Lunde, MD, MPH

Learning Objectives:

- * Review evidence based, patient centered contraceptive counseling for adolescents.
- * Discuss management of side effects from the contraceptive implant.
- * Learn from the experiences of adolescents who have made the decision for early removal of the contraceptive implant.

L8 – Don’t Assume: Are We Meeting the Reproductive Needs of Women with Disabilities?

Jaclyn Morrison, MD, Natalie Whaley, MD, MPH

Learning Objectives:

- * Outline the reproductive health needs and challenges in patients with disabilities.
- * Discuss the evidence and controversies associated with menstrual suppression and contraception in patients with disabilities.
- * Review the contraceptive and non-contraceptive benefits of LARC.

L9 – Female Genital Mutilation/Cutting: A New Challenge for American Medical Professionals

Deborah Ottenheimer, MD, Holly Atkinson MD

Learning Objectives:

- * Define female genital mutilation/cutting (FGM/C) and explain.
- * Indicate the scope and prevalence of the practice in the US and abroad.
- * Describe the gynecologic, obstetric, and psychological impact of the practice on women/girls.
- * State the federal law regarding the practice of FGM/C and discuss the provider’s role as a mandatory reporter of FGM in minors.
- * Apply accurate ICD 10 coding for FGM/C and describe the importance thereof.

L10 – Pediatric and Adolescent Gynecologic Emergencies

Xiomara Santos, MD

Learning Objectives:

- * Evaluate the most common gynecologic emergencies in the pediatric/adolescent population.
- * Formulate management plan for pediatric/adolescent patients presenting with vaginal bleeding, genital trauma and pelvic pain in the acute setting.
- * Determine appropriate follow up for the most common gynecologic emergencies in the pediatric/adolescent population.

THURSDAY, APRIL 20, 2017 *(continued)*

L11 – Graphic Medicine: An Innovative Format to Educate Young Women About GYN Health Care

Arlene Smalls, MD

Learning Objectives:

- * Educate health care providers on the topic of graphic medicine as an innovative format to educate people regarding medical health issues.
- * Educate adolescent health care providers, pediatricians, and GYN health providers on how graphic medicine and other innovations are available to educate young women regarding gynecologic health topics.
- * Introduce an innovative comic book that is specifically designed to educate adolescents with disabilities and their families regarding the steps of an office GYN exam.

L12 – Tech Talk: Apps for Adolescent Sexual Health

Aparna Sridhar, MD, MPH, FACOG

Learning Objectives:

- * Discuss rationale for healthcare providers to use technology.
- * Recommended apps for adolescent gynecological care.
- * Share audience experience.

L13 – Transitioning to Adult Care: Who, Where, When, How

Christina Stewart, LISW-S

Learning Objectives:

- * Describe when to begin transitioning patients to adult care.
- * Discuss use of transition tools that are available to aid in transitioning to adult care.
- * Participants will understand the needs of specialty populations in regards to transition.

L14 – More Than a Missing Period, could it be an Eating Disorder?

Margaret Thew, MSN, FNP-BC, Kyndal Hettich, RD

Learning Objectives:

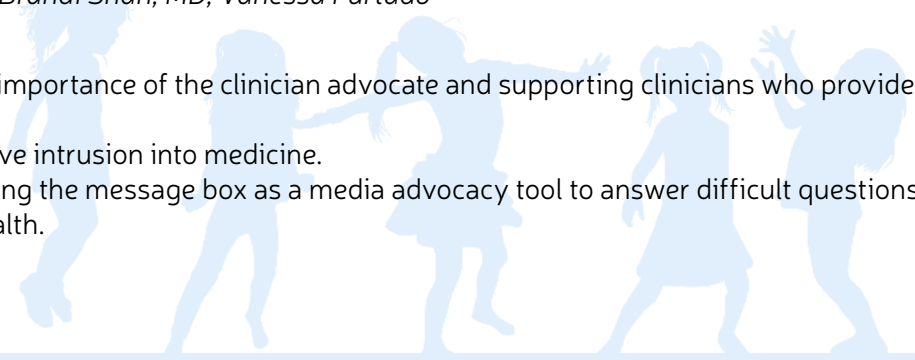
- * Discuss the recognition and diagnosis of the spectrum of eating disorders.
- * Review the presentation of females with various eating disorders.
- * Discuss the epidemiology of eating disorders.
- * Importance of weight restoration and resumption of spontaneous menses as an important goal of treatment.
- * Review the pharmacotherapy, psychological management, and nutritional interventions to meet the needs of this population.

L15 – Fight Back Against Legislative Intrusion into Medicine: How Clinicians Can be a Voice of Change in Reproductive Health

Orquidia Torres, MD, Brandi Shah, MD, Vanessa Furtado

Learning Objectives:

- * Understand the importance of the clinician advocate and supporting clinicians who provide reproductive health services.
- * Critique legislative intrusion into medicine.
- * Demonstrate using the message box as a media advocacy tool to answer difficult questions about reproductive health.



THURSDAY, APRIL 20, 2017 *(continued)*

L16 – Who’s Teaching Sex Ed & What are They Teaching?

Samantha Vilano, MD, MSc, Melisa Holmes, MD

Learning Objectives:

- * Define recommendations for age-appropriate sexuality education for school aged youth.
- * List current youth-focused resources available for puberty and sexuality education.
- * Compare strengths and weaknesses of current school, community, web and social-media educational platforms.
- * Discuss successful models of parent/caregiver-youth and educator-youth communication surrounding puberty and reproductive health.

1:00 pm – 1:15 pm

Break

1:15 pm – 2:15 pm

Grand Ballroom

Plenary Session II: The Elsevier Lectureship

Managing Ovarian Masses: The Challenge in Finding the Right Balance

Lisa Allen, MD

Learning Objectives:

- * Understand the importance of conservative management of adnexal pathology in children and adolescents.
- * Be aware of the evidence to guide surgical management decisions in adnexal pathology in this age group.
- * Appreciate how assessment of patient outcomes can guide development of management protocols.

2:15 pm – 3:15 pm

Grand Ballroom

Scientific Paper Presentations

Moderator: Jennifer Woods, MD, MS

2:15 pm

Retention of Adolescent Participants in Research Studies

Frank Biro, MD

2:30 pm

Adapting Evidence Based Pregnancy Prevention Programs to System-Involved Adolescents

Ola Mscichowski, MD

2:45 pm

Use of The Levonorgestrel Intrauterine System in The Treatment Of Heavy Menstrual Bleeding in Adolescents With Hemostatic Disorders

Rula V. Kanj, MD

3:00 pm

Use of Audio Computer-Assisted Self-Interviews (Acasi) to Gather Information on Risk Behaviours In a Referral Population of Pregnant Adolescents

Carol P. King, MD



THURSDAY, APRIL 20, 2017 *(continued)*

2:15 pm – 3:15 pm

Cloud Gate 1

Video Abstract Session

3:15 pm – 4:00 pm

Break – Exhibits *(Grand Ballroom Foyer)*

Poster Sessions (Authors present) *(Discover)*

4:00 pm – 5:00 pm

Cloud Gate 1

Concurrent Workshops

T7 – Teaching the Teachers: A Hands on Experience in a Mock PAG Sim Lab

Nichole Tyson, MD, Akua Afriyie-Gray, MD, Amber Truehart, MD

Learning Objectives:

- * Review the different techniques available to teach the approach to the child and adolescent gynecological history;
- * Demonstrate how adult pelvic models can be modified to teach a genital exam on children in the office setting;
- * Describe how Tanner staging models can be created and allow participants to practice with them;
- * Demonstrate how adult pelvic models and cystoscopes can be used to teach vaginoscopy and retrieval of a foreign body;
- * Demonstrate how imperforate hymens can be created and used to teach hymenectomy; and
- * Demonstrated how adult laparoscopic models are converted into PAG adnexal detorsion models.

Cloud Gate 2

T8 – Vaginal Dilation: Timing, Teaching, and Troubleshooting

Ann-Marie Amies Oelschlager, MD, Heather Appelbaum, MD

Learning Objectives:

- * Understand the history and research of vaginal dilation techniques.
- * Learn and apply strategies for assessing patient readiness for vaginal dilator training.
- * Learn about different dilators available and develop methods to train patients, follow up strategies, and troubleshooting.

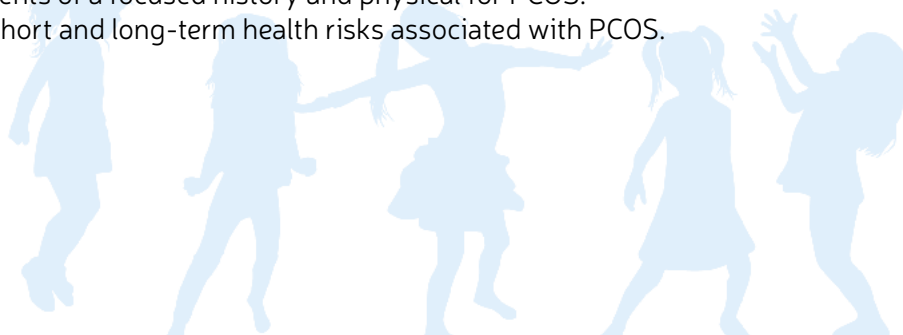
Cloud Gate 3

T9 – PCOS: Phenotype Across the Lifespan

Ellen Wilson, MD

Learning Objectives:

- * Be familiar with the definition of PCOS.
- * Describe the Clinical Features of PCOS.
- * List the components of a focused history and physical for PCOS.
- * Appreciate the short and long-term health risks associated with PCOS.



THURSDAY, APRIL 20, 2017 *(continued)*

Cloud Gate 4

T10 – The Pervasive Health Burden of Anemia for Girls and Young Women: Where We Are; What’s Next

Rukhmi Bhat, MD, MS, DNB, Jessica Francis, MD

Learning Objectives:

- * Apply the most promising strategies for prevention and management of anemia and iron deficiency anemia among young women and girls
- * Recognize bleeding disorders and rare bleeding disorders that are “common” in girls and young women and apply state-of-the-art tools for accurate diagnosis and management
- * Discuss barriers of hydroxyurea use in girls and women with SCD that might make management / treatment of such patients challenging and apply optimal solutions

Lyric/Adler

T11 – Let’s Talk Turner!

Tazim Dowlet-McElroy, MD, Ryan McDonough, DO

Learning Objectives:

- * Understand the use of hormone replacement therapy in girls with Turner Syndrome from pubertal induction through adulthood.
- * Review options for building a family for girls with Turner Syndrome including the assessment of ovarian reserve and the use of assisted reproductive technology.
- * Comprehend the life-long impact of the diagnosis of Turner Syndrome on girls and their families.

Cloud Gate 5

T12 – Reproductive Health in Young Women with Special Needs

Beth Schwartz, MD, Elisabeth Quint, MD

Learning Objectives:

- * Recognize the unique reproductive health challenges facing young women (and their caregivers) with special needs in the pubertal transition and as young women.
- * Understand the benefits, risks, and side effects of various menstrual management/suppression and contraception options in this medically complex population.
- * Discuss recommendations for routine gynecologic screening and vaccinations in adolescents and young women with special needs.

5:00 pm – 5:30 pm

Great St.

New Members Reception *(Invitation only)*

Student Mentoring Event *(Sign up only)*

5:30 pm – 7:00 pm

Great St.

Welcome Reception - Wine and Cheese

(All registrants are warmly welcomed)



FRIDAY, APRIL 21, 2017

6:30 am – 5:00 pm
Burnham Registration Area

Registration
NASPAG Video Lounge

6:45 am – 7:45 am
Cloud Gate 1

Fitness Class
Lisa Jane Jacobsen, MD, MPH

7:00 am – 8:00 am
Wacker
Dearborn
Michigan

Committee Meetings (Closed)
Fellows Research Consortium
Website & Social Media Committee
Research Committee

7:00 am – 8:00 am
Grand Ballroom Foyer

Continental Breakfast – Exhibits

8:00 am – 9:00 am
Grand Ballroom

Plenary Session III – The NASPAG Lectureship
Microbiomes: What's all the Fuss About?
Kjersti Aagaard, MD, PhD

Learning Objectives:

- * Define the terms microbiome and metagenomics medicine.
- * Discuss the recent findings on microbiome and reproductive health.
- * Discuss important future directions of the microbiome and reproductive health.

9:00 am – 10:00 am
Grand Ballroom

Merck Symposium
Zika A to Z: For the Parent and the Parent to be
Mark H. Yudin, MD, MSc, FRCSC

Learning Objectives:

- * Review the current epidemiology of zika infection.
- * Review the impact of zika in pregnancy.
- * Review guidelines on the management of zika during pregnancy and pre-pregnancy.

10:00 am – 10:15 am

Break – Exhibits (*Grand Ballroom Foyer*)
Posters (*Discover*)

10:15 am – 11:30 am
Grand Ballroom

Scientific Paper Presentations
Moderator: Jennifer Woods, MD, MS

10:15 am

Use of Norethindrone Acetate for Management of Bleeding Associated With the Etonogestrel Contraceptive Implant
Rachael Leigh Polis, DO

10:30 am

Prevalence and Awareness of Pelvic Floor Disorders in Adolescent Females
Janeen Arbuckle, MD, PhD

10:45 am

Increased Utilization of Immediate Postpartum Etonogestrel Contraception Implant in Adolescents After Novel Medicaid Policy Change
Charis Nailah Chambers, MD

11:00 am

A Retrospective Review of The Use and Safety of Tranexamic Acid for Treatment of Abnormal Uterine Bleeding in an Adolescent Population
Noor Zwayne, MD

FRIDAY, APRIL 21, 2017 *(continued)*

11:15 am **The Family Planning Needs of Young Transgender Men**
Alexis Light, MD, MPH

11:30 am – 11:45 am **Break – Exhibits** *(Grand Ballroom Foyer)*
Posters *(Discover)*

11:45 am – 12:45 pm **Concurrent Workshops**

Lyric/Adler

F1 – Pharmacologic Management of Opioid Use Disorder in Pregnant Adolescents

Andrea Bonny, MD, Erin R. McKnight, MD

Learning Objectives:

- * Understand the scope and epidemiology of the opioid use disorder among U.S. adolescents.
- * Describe the impact of opioid use disorder in pregnancy.
- * Recognize appropriate treatment approaches to opioid use disorder in pregnant adolescents.
- * Identify pharmacological treatment options for adolescent with opioid use disorder.

Cloud Gate 2

F2 – Managing Primary Ovarian Insufficiency: An Interdisciplinary Approach

*Deborah Morse MSN-RN, Lesley Breech, MD, Catherine Gordon, MD,
Christina Stewart LISW-S*

Learning Objectives:

- * The participant will describe the role of individuals on the POI interdisciplinary team.
- * The participant will describe the benefits of an interdisciplinary approach to the POI consult.
- * The participant will describe current recommendations for POI diagnosis and management.

Cloud Gate 3

F3 – Vulvodynia in Adolescents: Chronic Vulvar Pain That Won't Go Away

Dee Hartman, MD

Learning Objectives:

- * Define vulvodynia and review recent changes in nomenclature.
- * Recognize vulvodynia as an often-misdiagnosed chronic vulvar pain disorder that is prevalent in late adolescence through the mid-twenties.
- * Rule out identifiable causes of chronic vulvar pain (e.g., infectious, inflammatory, neoplastic and neurologic disorders).
- * Describe components of a comprehensive diagnostic assessment.
- * Implement an individualized, multidisciplinary treatment regimen.

Cloud Gate 4

F4 – Extending Gynecologic Care to Pediatric, Adolescent and Young Adult Cancer Survivors

Holly Hoefgen, MD, Karen Burns, MD, Janie Benoit, MD

Learning Objectives:

- * Understand gynecologic and reproductive late effects of oncologic treatment.
- * Discuss surveillance and management of gonadal failure in cancer survivors.
- * Discuss fertility preservation in the post-treatment population.

FRIDAY, APRIL 21, 2017 *(continued)*

Cloud Gate 5

F5 – Girls and Gangs: Exploring Sexual and Reproductive Health Promotion

Elizabeth Miller, MD

Learning Objectives:

- ★ To describe the pathways that lead to increased risk for unintended pregnancy and STIs among gang affiliated adolescent girls.
- ★ To practice strategies for assessing for reproductive and sexual coercion during clinical encounters with adolescent girls who may be gang-affiliated.
- ★ To identify opportunities for collaboration with gang violence intervention programs to promote sexual and reproductive health for the youth they serve.

Cloud Gate 1

F6 – Be a Reviewer for JPAG

Gina Sucato, MD, Andrea Boccelli

Learning Objectives:

- ★ Describe general principles of scholarly publishing and peer review.
- ★ Identify key components in the review of a scholarly manuscript.
- ★ Describe characteristics of useful feedback to the Journal Editor and the author.

Grand Ballroom

F7 – Nothing About Us Without Us

Arlene Baratz, AB, MD

Learning Objectives:

- ★ Discuss how early involvement of PAGs and those with experience in gender dysphoria can facilitate an affirmative model of care.
- ★ Summarize recent developments regarding human rights of intersex children.
- ★ Develop strategies for involving patient advocates in community based participatory research.

12:45 pm – 1:45 pm

Great St.

Lyric/Adler

Cloud Gate 1

Cloud Gate 5

Cloud Gate 2

Michigan

Cloud Gate 3

Cloud Gate 4

1:45 pm - 2:00 pm

Luncheons

Networking *(Open to All Attendees)*

SIG Meetings: *(Open to All Attendees)*

Contraception

Disorders of Sexual Development

Fertility Preservation

Nursing

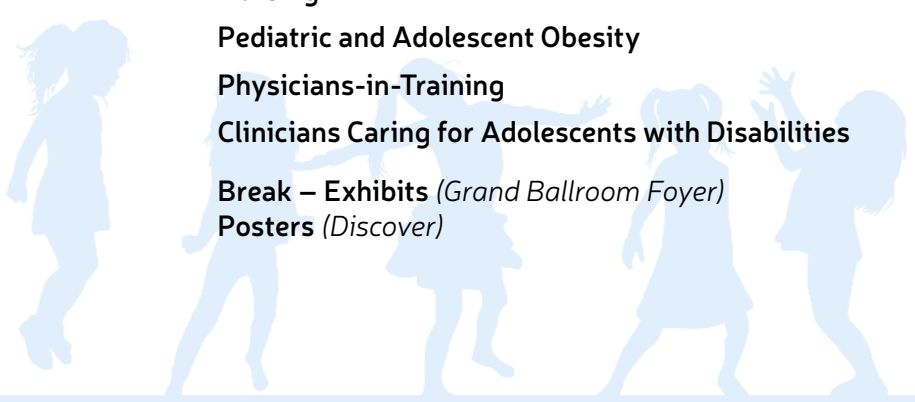
Pediatric and Adolescent Obesity

Physicians-in-Training

Clinicians Caring for Adolescents with Disabilities

Break – Exhibits *(Grand Ballroom Foyer)*

Posters *(Discover)*



FRIDAY, APRIL 21, 2017 *(continued)*

2:00 pm – 3:00 pm
Grand Ballroom

**Plenary Session IV: International Forum
Gynecologic and Obstetric Consequences of Childhood Obesity in Girls and Adolescents**

Leticia Elizondo-Montemayor, MD, Trudy Voortman, MD

Learning Objectives

- * Consider a conceptual framework for women's health.
- * Provide a life course perspective into what women's health can be considered.
- * Explain the obesity epidemic in girls during infancy and childhood and how different lifestyle factors might modify obesity and body composition.
- * Review the obesity epidemic in adolescent girls, emphasizing the problem in Mexican population.
- * Explain how nutritional status, BMI and obesity in adolescents impact long-term morbidities.
- * Review the WHO and AAP recommendations on weight loss for adolescents.
- * Reinforce physical activity referencing the WHO / AAP recommendations for adolescents.
- * Identify the importance of patients who need to improve eating habits and referral for nutrition consultation.

3:00 pm – 4:00 pm

Break – Exhibits *(Grand Ballroom Foyer)*
Poster Sessions (Authors present) *(Discover)*

4:00 pm – 5:15 pm

Sponsored Workshops
PLEASE NOTE: The below Clinical Training Sessions are neither accredited sessions, nor part of the MedStar accredited event.

Cloud Gate 1

Skylla/Mirena Insertion Training Session

Presenters: Erin Cook MD, Christina Davis-KanKanamge MD, Kylie Fowler MD, Lisa Moon MD, Kristi Tomlin MD

This session, which is sponsored by Bayer and is NOT accredited for continuing education credit, is geared toward adolescent medicine healthcare professionals and will provide hands-on experience regarding indications, contraindications, risks and benefits of IUS's, and provide supervised instruction on insertion and removal. This will allow attendees to feel comfortable offering this service to their patients. There are only 30 attendees that can be accommodated.

Cloud Gate 5

Clinical Training Program for NEXPLANON® (etonogestrel implant)

This session, which is sponsored by Merck, is NOT accredited for continuing education credit. The training is open only to advanced practice clinicians with furnishing numbers or prescribing privileges in their state. It is Merck's policy to verify all clinicians' practice, license, and eligibility information in advance of the training session. Merck will contact you directly if there is a problem. Attendees are expected to attend the entire training which is approximately 3 hours in duration. Certificates of attendance will not be issued to those who arrive late or leave early.

Cloud Gate 2

Karl Storz Endoscopy America Inc. – Advanced Hysteroscopy and Laparoscopy Workshop

Presenters: Saifuddin Mama MD, Lauren Damle MD

This session, which is sponsored by Karl Storz Endoscopy America Inc., is NOT accredited for continuing education credit. In this workshop, attendees

FRIDAY, APRIL 21, 2017 *(continued)*

will discuss the surgical indications, techniques and management of complications related to hysteroscopic metroplasty, laparoscopic ovarian cystectomy and oophoropexy. Attendees will also engage in simulation of hysteroscopic uterine septa resection and laparoscopic ovarian cystectomy.

Cloud Gate 3

Apollo Enterprise Imaging – Sexual Abuse and Forensic Imaging Workshop

Presenters: Marcella Donaruma-Kwoh MD, Norell Rosado MD

This session, which is sponsored by Apollo Enterprise Imaging, is NOT accredited for continuing education credit. Attendees of this workshop will review the importance of good photo documentation in sexual abuse cases, discuss pointers to capture quality images, review images of vulvar and vaginal pathology, and discuss appropriate documentation and storage of images in the context of patient confidentiality.

Cloud Gate 4

Hologic - Pre-pubertal exam and Vaginoscopy Workshop

Presenters: Patricia Huguelet MD, Tania Dumont MD

This session, which is sponsored by Hologic, is NOT accredited for continuing education credit. During this workshop, attendees will discuss the causes, evaluation and management of pre-pubertal vaginal bleeding. Attendees will then rotate through simulation stations that review the approach to the prepubertal genital exam, vaginal culture collection, in-office vaginal lavage, and vaginoscopy.

Lyric/Adler

The Beautiful You MRKH Foundation - Building an Empowered Patient Community: Tackling Health Care for All Affected by MRKH

This session, which is sponsored by The Beautiful You MRKH Foundation, is NOT accredited for continuing education credit. Beautiful You MRKH Foundation is committed to improving patient care for all who are affected by MRKH. This workshop will address patient care for MRKH from the perspectives of affected individuals, family members, pediatric and adolescent gynecologists, mental health experts and researchers. This project was partially funded through a Patient-Centered Outcomes Research Institute (PCORI) Pipeline-to-Proposal Award (5134284), administered on behalf of PCORI by the National Network of Public Health Institutes. The goals of this workshop are to: 1. Discuss current standards for diagnosing and treating MRKH from various perspectives; and 2. Identify future research and clinical priorities for treating individuals with MRKH based on input from all participants.

5:30 pm – 6:30 pm
Dearborn

Development Committee Meeting (Closed)



SATURDAY, APRIL 22, 2017

6:30 am – 12:30 pm
Burnham Registration Area

Registration

7:30 am – 8:00 am
Grand Ballroom

Business Meeting

7:00 am – 8:00 am
Grand Ballroom Foyer

Continental Breakfast

8:00 am – 9:00 am
Grand Ballroom

Plenary Session V: The Goldfarb Plenary
The Invisible War & The Hunting Ground: Lessons from the Frontlines of Sexual Assault in Our Schools
Amy Ziering

Learning Objectives:

- * Explain the causes of campus sexual assaults and the unique “perfect storm” conditions that promote its proliferation on campuses.
- * Understand the complex traumatic impact of these crimes and the unique toll they take (emotional, physical, societal, familial).
- * Understand how to better tailor programs and therapies to support survivors.

9:00 am – 10:00 am
Grand Ballroom

Plenary Session VI: *The Sir John Dewhurst Plenary*
Surgical Options for Male to Female and Female to Male Transgender Patients
Thomas Satterwhite, MD

Learning Objectives:

- * To determine the pre-operative requirements for the transgender patient to pursue surgical treatment.
- * To understand the surgical procedures available for male to female transgender patient, including facial feminization, breast augmentation, and vaginoplasty.
- * To understand the surgical procedures available for the female to male transgender patient, including mastectomy, metaoidioplasty, and phalloplasty.
- * To be aware of the post-operative recovery and potential complications for gender confirmation procedures.

10:00 am – 10:15 am

Break – Exhibits (*Grand Ballroom Foyer*)
Posters (*Discover*)

10:15 am – 10:30 am
Grand Ballroom

Awards

10:30 am – 11:30 am
Grand Ballroom

Panel: Navigating Transgender Adolescent Medicine; Emotional Aspects of Medical and Reproductive Treatment among Transgender Youth
Nancy Sökkary, MD, Angela Lawson, MD, Selma Witchell, MD

Learning Objectives:

- * Review transgender adolescent medicine resources.
- * Discuss pitfalls and successes involved in providing care to transgender adolescents.
- * Discuss how to make clinic Transgender-friendly.

SATURDAY, APRIL 22, 2017 *(continued)*

Learning Objectives:

- * Increased sensitivity of providers to the psychological issues surrounding transgender youth who present for medical treatment and treatment which would impair their future fertility.
- * Present the unique treatment-related psychological issues that may arise in the course of medical and fertility preservation treatment with transgender youth.
- * Teach providers how to examine their own clinic practices and determine what changes need to be made to make their clinic a safer and supportive environment for transgender patients.

12:00 pm – 2:00 pm

New Board of Directors Meeting (Closed)



Faculty Disclosures

Disclosure of Financial Relationships with any Commercial Interest.

As a provider accredited by the ACCME, it is the policy of MedStar Georgetown University Hospital to require that everyone who is in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest prior to the educational activity.

The ACCME considers relationships of the person involved in the CME activity to include financial relationships of a spouse or partner. Any individual who refuses to disclose relevant financial relationships will be disqualified from participating in the CME activity. For an individual with no relevant financial relationship(s), the participants must be informed that no conflicts of interest or financial relationships exist.

Kjersti Aagaard, MD, PhD: Dr. Aagaard has nothing to disclose.

Akua Afriyie-Gray, MD: Dr. Afriyie-Gray has nothing to disclose.

Anjali Aggarwal, MD, FRCS(c), MHSc: Dr. Aggarwal has nothing to disclose.

Lisa Allen, MD: Dr. Allen has nothing to disclose.

Ann Marie Amies-Oelschlager, MD: Dr. Amies-Oelschlager's spouse is on the advisory committee for WebMD, Styker, and grant support SAGES (non-profit).

Arlene Baratz, AB, MD: Dr. Baratz has received royalties from Integra Life Services, has receipt of intellectual property rights /patent holder for Integra Life Services, has received a non-CME consulting fee from Elizur, and has been on a non-CME speaker's bureau for Integra Life Services.

Janie Benoit, MD: Dr. Benoit has nothing to disclose.

Rukhmi Bhat MD, MS, DNB: Dr. Bhat has nothing to disclose.

Andrea Boccelli: Ms. Boccelli has received a salary from Elsevier.

Andrea Bonny, MD: Dr. Bonny has nothing to disclose.

Lesley Breech, MD: Dr. Breech has nothing to disclose.

Karen Burns, MD: Dr. Burns has nothing to disclose.

Melanie Davis, PhD, CSE, CSES: Dr. Davis has nothing to disclose.

Tazim Dowlet-McElroy, MD: Dr. Dowlet-McElroy has nothing to disclose.

Leticia Elizondo-Montemayor, MD: Dr. Elizondo-Montemayor has nothing to disclose.

Jessica Francis, MD: Dr. Francis has nothing to disclose.

Vanessa Furtado: Dr. Furtado has nothing to disclose.

Emily Godfrey, MD, MPH: Dr. Godfrey has received a non-CME consulting fee from Evofem Biosciences, has been on a non-CME speaker's bureau for Merck Pharmaceuticals, and has contracted research for Teva Women's Health, Bayer Pharmaceuticals, and Merck Pharmaceuticals.

Catherine Gordon, MD: Dr. Gordon is a member of a Data Safety Monitoring Board for a Janssen Pharmaceuticals funded clinical trial who receives minimal compensation for this work.

Dee Hartman, MD: Dr. Hartman has nothing to disclose.

Judith Hersh, MD, FACOG: Dr. Hersh has nothing to disclose.

Kyndal Hettich, RD: Dr. Hettich has nothing to disclose.

Geri Hewitt, MD: Dr. Hewitt has nothing to disclose.

Holley Hoefgen, MD: Dr. Hoefgen has nothing to disclose.

Melissa Holmes, MD: Dr. Holmes has nothing to disclose.

Emilie Johnson, MD, MPH: Dr. Johnson has nothing to disclose.

Paritosh Kaul, MD: Dr. Kaul has nothing to disclose.

David Klein, MD, MPH, MAJ: Dr. Klein has nothing to disclose.

Faculty Disclosures *(continued)*

Melisa Kottke, MD, MPH: Dr. Kottke has received a non-CME consulting fee for Merck (Nexplanon trainer) and CSL Behring (consultant).

Delese LaCour, MD: Dr. LaCour has nothing to disclose.

Angela Lawson, MD: Dr. Lawson has nothing to disclose.

Britt Lunde, MD, MPH: Dr. Lunde has contracted research for an investigator initiated research grant from Teva Pharmaceuticals.

Ryan McDonough, MD: Dr. McDonough has nothing to disclose.

Erin McKnight, MD: Dr. McKnight has nothing to disclose.

Diane Merritt, MD: Dr. Merritt has nothing to disclose.

Elizabeth Miller, MD, PhD: Dr. Merritt has nothing to disclose.

Jaclyn Morrison, MD: Dr. Morrison has nothing to disclose.

Deborah Morse, MSN-RN: Dr. Morse has nothing to disclose.

Pamela J. Murray, MD, MHP: Dr. Murray has nothing to disclose.

Deborah Ottenheimer, MD: Dr. Ottenheimer has nothing to disclose.

Staci Pollack, MD: *Dr. Pollack has nothing to disclose.*

Elisabeth Quint, MD: Dr. Quint has nothing to disclose.

Beth Rackow, MD: Dr. Rackow has nothing to disclose.

Arwa Saidi, MD: Dr. Saidi has nothing to disclose.

Xiomara Santos, MD: Dr. Santos has nothing to disclose.

Thomas Satterwhite, MD: Dr. Satterwhite has nothing to disclose.

Beth Schwartz, MD: Dr. Schwartz has contracted research as Bayer Healthcare Co-PI on investigator initiated research grant, now completed.

Brandi Shah, MD: Dr. Shah has nothing to disclose.

Judy Simms-Cendan, MD: Dr. Simms-Cendan has nothing to disclose.

Arlene Smalls, MD: Dr. Smalls has contracted research for 2014 ACOG Industry Funded Research Fellowship Grant for an educational comic book for women with disabilities.

Nancy Sökkary: Dr. Sökkary has nothing to disclose.

Aparna Sridhar MD, MPH, FACOG: Dr. Sridhar has been a medical advisor without any financial benefit for Tabu Health and Clue.

Christina Stewart, LISW-S: Dr. Stewart has nothing to disclose.

Gina Sucato, MD: Dr. Sucato has nothing to disclose.

Margaret Thew, MSN, FNP-BC: Dr. Thew has nothing to disclose.

Orquidia Torres, MD: Dr. Torres has nothing to disclose.

Amber Truehart, MD: Dr. Truehart has nothing to disclose.

Nichole Tyson, MD: Dr. Tyson has nothing to disclose.

Samantha Vilano, MD, MSc: Dr. Vilano has been on a non-CME Speakers Bureau: Speak on puberty/ reproduction with the Gilrology company.

Trudy Voortman, MD: Dr. Tyson has nothing to disclose.

Natalie Whaley, MD, MPH: Dr. Whaley has nothing to disclose.

Ellen Wilson, MD: Dr. Wilson has nothing to disclose.

Selma Witchell, MD: Dr. Witchell has nothing to disclose.

Richard Wood, MD: Dr. Wood has nothing to disclose.

Jennifer Woods, MD, MSc, FAACOG: Dr. Woods has nothing to disclose.

Mark H. Yudin, MD, MSc, FRCSC: Dr. Yudin has nothing to disclose.

Amy Ziering: Ms. Ziering has nothing to disclose.

Nikki Zitte, MD: Dr. Zitte has received a non-CME consulting fee.

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Lisa M. Moon, MD

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Research Awards

Important missions of NASPAG include providing leadership in research and serving as a forum for research in the field of pediatric and adolescent gynecology. Each year NASPAG recognizes researchers with awards for best research by a trainee, best poster presentation, and best oral presentation.

The Evelyn G. Laufer Award recognizes the best oral presentation.

The Huffman Capraro Award recognizes the best oral research presentation by an individual in training (student, resident or fellow). To win this award requires both outstanding research and strong mentorship.

The Sally E. Perlman Award recognizes the best poster presentation.

THE EVELYN G. LAUFER AWARD

2005

Immunogenicity of a Prophylactic Quadrivalent Human Papillomavirus (Types 6/11/16/18) L1 Virus-Like Particle (VLP) Vaccine in Young Women
A.R. Giuliano, PhD

2006

The Impact of Depot Medroxyprogesterone Acetate on Adolescent Bone Mineral Density
Zeev Harel, MD

2007

The Relationship between Religiosity and Sexual and Contraceptive Behaviors
Anya V. Sheftel, BA

2008

Screening for Postpartum Depression at Well-Child Visits: Is Once Enough during the First Six Months of Life?
Karolyn Kabir, MD

2009

Pathways through Puberty: Peripubertal Hormone Changes
Frank M. Biro, MD

2010

Impaired Glucose Tolerance in Adolescents with Polycystic Ovarian Syndrome
Beth W. Rackow, MD

2011

Recurrent Pelvic Inflammatory Disease and Reproductive Health Outcomes: Findings from the PEACH Trial
Maria Trent, MD, MPH

2012

Earlier Puberty in Girls, or Earlier Pubertal Changes? The Hormone Story
Frank Biro, MD

2013

Immunogenicity of a Prophylactic Quadrivalent Human Papillomavirus (Types 6, 11, 16, and 18) L1 Virus-Like Particle Vaccine in Male and Female Adolescent Transplant Recipients
Veronica Gomez-Lobo, MD

2014

The Collection and Analysis of Carbon Monoxide (CO) Levels as an Indirect Measure of Smoke Exposure in Pregnant Teenagers at a Multidisciplinary Teen Obstetrics Clinic
Ana Sofia Lopez, MSc

2015

The Effect of Hormonal Add-Back Therapy in Adolescents Treated with a Gonadotropin Releasing Hormone (GNRH) Agonist for Endometriosis: A Randomized Trial
Amy DiVasta, MD

2016

Evidence of a Dose-Response Relationship Between Medroxyprogesterone Acetate and Bone Mineral Density Loss in Adolescents
Andrea Bonny, MD

THE HUFFMAN CAPRARO AWARD

2005

Management of High-Grade Cervical Neoplasia in Adolescents
Karen Fuchs, MD

2006

Preservation of Bone Mineral Density in Adolescents Treated with GnRH Agonists and Add-Back Therapy for Endometriosis
Amy D. DiVasta, MD

2007

The Duration of Labor in Adolescents
Jane Hui, MD

2008

Adverse Outcomes Associated with Adolescent Pregnancy
Andrew Stewart, MD

2009

OB/GYN Resident Perceptions about Adolescent Health Care Training
Brandi Swanier, MD, MPH

2010

Acceptability of the Vaginal Contraceptive Ring Among Adolescent Women
Lekeisha Terrell, MD

2011

Predicting Medication Adherence in Adolescents with Pelvic Inflammatory Disease (PID)
Sarahn Malena Wheeler, MD

2012

Early Contraception Initiation in First Time Adolescent Mothers: Does it Decrease Rapid Repeat Pregnancy?
Lauren F. Damle, MD

2013

Centering Prenatal Care: Does Group Prenatal Care Improve Adolescent Pregnancy Outcomes?
Gayatri Chhatre, MD

2014

Why Didn't You Text Me a Reminder? Post-study Trends from the DepoText Trial
Cara Buchanan, BA

2015

Cervical Immaturity as a Marker for Increased Risk for STIs
Jason Jarin, MD

2016

Outcomes of Intrauterine Device Use in Young Women with Physical and Intellectual Disabilities
Morgan Alexander

THE SALLY E. PERLMAN AWARD

2007

The Relationship Between Depressive Symptoms and Risk-Taking Behavior in Female Adolescents
Alison D. Goldberg, BA

2008

Elevated Testosterone in Active Girls of Normal Weight with Oligomenorrhea
Kanakadurga Singer, MD, MA

2009

A Simulation Program is an Effective Teaching Method for Teaching the Pediatric Gynecology Exam and Procedures to Residents
Meredith Loveless, MD

2009

Intrauterine Contraception in Adolescents: A Descriptive Study of the Use, Side Effects and Compliance in a Residency Clinic Population
Eduardo Lara-Torre, MD

2010

Eating Disordered Symptoms as a Mediator of Oral Contraceptive use in Minority Adolescents: Preliminary Findings
Kelli Stidham Hall, MSN, PhD

2011

Evaluation of a Unique Canadian Community Outreach Program Providing Obstetrical Care for Pregnant Adolescents: A Matched Cohort Study
Nathalie Fleming, MD

2012

Medical Student Self-Efficacy with Adolescent Gynecological Issues: Knowledge, Communication, and Standardized Patients
Jennifer L. Woods, MD

2013

Improving Adolescent Sexual Health: Evaluating the Feasibility of a Motivational Interviewing Intervention to Improve Mother-Adolescent Communication about Sex
Aletha Akers, MD, MPH

2014

Parent and Adolescent Attitudes Towards the Adolescent Confidential Interview in the Gynecologic Setting
Gylynthia Trotman, MD

2015

Onset of Puberty: Mother Knows Best
Frank Biro, MD

2016

Assessment of the NASPAG Short Curriculum in Pediatric and Adolescent Gynecology
Patricia Huguélet, MD

THE VIDEO ABSTRACT AWARD

2016

*Pediatric Laparoscopic Congenital Vesico-Vaginal
Fistula Repair for Vaginal Agenesis*
Frank Penna, MD

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NASPAG has established the Young Scholars Grant to provide a venue for young physicians and advanced practice nurses to voice their interest in the field of pediatric and adolescent gynecology.

Congratulations to this year's recipients:

Young Scholars Grant for Advanced Practice Nursing

Valerie Lew
Emory University
Atlanta, GA

Young Scholars Grant for Physicians-in-Training

Jerome Chelliah MD, MPH
Kaiser Santa Clara
Palo Alto, CA

Natasha Raj Kumar B.A.
Alpert Medical School of Brown University
Providence, RI

Maria Hughes Rahmandar, MD
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1994

The History of Reconstructive Surgery in the Pediatric and Adolescent Gynecology Patient

Howard W. Jones, Jr., MD

1995

New Thoughts: Congenital Cervical Dysgenesis

John A. Rock, MD

1996

Adolescent Sexual Behavior: Its Impact on Reproductive Health

Alvin F. Goldfarb, MD

1997

GYN Surgery in Children

Donald P. Goldstein, MD

1998

Evaluation and Management of Ambiguous Genitalia

W. Hardy Hendren, III, MD

1999

Fallopian Tube and Reproductive Health

Luigi Mastroianni, Jr., MD

2000

Plastic Surgery for the Teenage Patient

Mary H. McGrath, MD, MPH

2001

Pediatric and Adolescent Gynecologic Disorders and Future Fertility

J.E.H. Spence, MD

2002

Pediatric and Adolescent Gynecologic – The United Kingdom Experience

Keith Edmonds, MD

2003

The Application of Evidence Based Medicine to the Prescribing of Oral Contraceptives

David A. Grimes, MD

2004

Current Status of Intersex Disorders

Justine M. Schober, MD

2005

Achieving Equal Rights and Opportunities in the World for Women

Patricia E. Mitchell, President and CEO, Public Broadcasting Service

2006

Irresistible Drives and Immovable Demands: Adolescence in the Twenty-First Century

Malcolm Potts, MB, BChir, PhD, FRCOG

2007

The Changing Face of Polycystic Ovary Syndrome

Ricardo Azziz, MD, MPH, MBA

2008

Update in Cytology in Adolescents

Anna-Barbara Moscicki, MD

2009

Obesity in Adolescent Girls

Mary L. Brandt, MD

2010

Preventing Obesity AND Eating Disorders in Adolescents: What Should Health Care Providers Know and Do?

Diane Neumark-Sztainer, PhD, MPH, RD

2011

I Can Tell You Because You're a Doctor: Understanding and Responding to Child Sexual Abuse

Martin A. Finkel, DO, FACOP, FAAP

2012

Elective Plastic Surgical Procedures in Adolescence

Mary H. McGrath, MD MPH

2013

What Digital Footprints Tell Us About Teen's Health

Bobbie Eisenstock, PhD

2014

Promotion of Positive Youth Development: The Project P.A.T.H.S. in Hong Kong

Daniel Shek, PhD, FHKPS, BBS, SBS, JP

2015

Cosmetic Labioplasty

Paul L. Wood, MD, FRCOG

2016

Vaginoplasty: Buccal Grafts – What is their Role

Linda Baker, MD

2017

Surgical Options for Male to Female and Female to Male Transgender Patients

Thomas Satterwhite, MD

Plenary Speakers – The Alvin F. Goldfarb, MD Lectureship

1994

Ovarian Function in Survivors of Childhood Cancer

Charles A. Sklar, MD

1995

Adolescent Pregnancy and Birth Trends in the United States

Wendy H. Baldwin, MD

1996

Adolescent Pregnancy and Contraception

David A. Grimes, MD

1997

Teen Pregnancy and Young Issues

Henry W. Foster, MD

1998

AIDS and Adolescents in the New Millennium

Sten H. Vermund, MD, PhD

1999

Ethics in Contemporary Medicine and Society

Kenneth J. Ryan, MD

2000

Adolescent Contraception in the New Millennium

Philip D. Darney, MD, M.Sc

2001

Don Quixote, Machiavelli, Robin Hood, and the History of Contraception from Ancient Times to the Second Millennium and Beyond

Robert A. Hatcher, MD

2002

Adolescent Sexual Health

Dan L. Apter, MD, PhD

2003

Reaching Teenagers: Recognizing Risk, But Building on Strength

Kenneth R. Ginsburg, MD, MS, Ed

2004

Sex, Sex, and More Sex: American Media & Its Impact on Teenagers

Victor C. Strasburger, MD

2005

Early Puberty in Girls: What's All the Fuss About?

Paul B. Kaplowitz, MD, PhD

2006

Human Papillomavirus and the Adolescent: What We Know, What We Can Do

Anna-Barbara Moscicki, MD

2007

STI Treatment Update

Kimberly A. Workowski, MD, FACP

2008

Recognition of Sexual Abuse: A New Field or Late Beginning

John McCann, MD

2009

Primary Ovarian Insufficiency: Mechanisms and Management

Lawrence M. Nelson, MD, MBA

2010

Youth Internet Victimization: Myths and Truths

Michele Ybarra, MPH, PhD

2011

The US Medical Eligibility Criteria and Worldwide Updates for Contraceptive Use in Adolescents

Emily Godfrey, MD, MPH

2012

Long Acting Reversible Contraceptives

Amy Whitaker, MD, MS

2013

Physical Findings of Sexual Abuse (What We Said Then and What We Know Now)

Carol Berkowitz, MD, FAAP, FACEP

2014

Polycystic Ovarian Syndrome in Adolescents

Selma Witchel, MD

2015

Oncofertility

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