

NORTH AMERICAN SOCIETY FOR PEDIATRIC AND ADOLESCENT GYNECOLOGY

30th Annual Clinical & Research Meeting



Growing **NASPAG** for 30 years
WWW.NASPAG.ORG

FAIRMONT ROYAL YORK • TORONTO, ONTARIO, CANADA • APRIL 7 – 9, 2016

Final Program



Welcome



Dear Friends and Colleagues:

It is with great pleasure that I welcome you to this year's 30th ANNIVERSARY meeting on behalf of our Program Committee.

I have been a member of the North American Society of Pediatric and Adolescent Gynecology (NASPAG) for over 15 years. Each year I look forward to this meeting with great anticipation and now having it in my home town gives our Program Committee a chance to show you our Toronto hospitality.

We have put together a fantastic program to reflect our societies missions and values. This organization is devoted to conducting, encouraging and supporting programs of medical education and professional training in the field of pediatric and adolescent gynecology. Our society is multidisciplinary and our annual clinical meeting serves as a forum for promoting communication and collaboration among all health care professionals on issues related to pediatric and adolescent gynecology. It is therefore our program committee's goal to plan an annual meeting that reflects the interests of all of our members as well as highlight some of the exciting research and advances in clinical care that is happening in this field.

Prepare yourself for some outstanding plenary speakers and PAG experts presenting workshops and luncheons. Returning favorites include the Stump the Professor session and our debates on both long acting methods of contraception and the Ashley treatment for severe developmental delay. We are also continuing to highlight clinical recommendations, this year focusing on those NASPAG has endorsed, in the hot topics luncheon on both PCOS and menstrual management in the developmentally delayed adolescent. The research at NASPAG continues to explode with a record number of submissions and we will have four oral abstract sessions, two poster sessions with authors and video abstracts. We have also made it easier to navigate and find the posters you are interested in. Our international forum will highlight innovative methods in sexual health education and we are thrilled to welcome John Santelli as well as speakers from Ophea and the Ontario Ministry of Education sharing the Canadian perspective.

Please also plan to have fun and enjoy Toronto. It is great to have this meeting in a Canadian location and hopefully you will make some time to enjoy this cosmopolitan city. Eating is really a treat so look at our local hosts' suggestions for culinary recommendations. If you don't have a chance to escape the hotel please join our NASPAG Annual Fun Run which will take place on Saturday morning that will give you an opportunity to explore the Toronto's downtown waterfront. We have also included a physical activity on Thursday morning to energize our hearts as well as our minds.

The three days will fly by very quickly, and before you know it you will be back at home and into your regular routine. While you are joining us in Toronto, you will be free of kids, family, schedules and duties – enjoy your freedom and take advantage of all we have to offer!! Mingle with old friends and make new ones. We can learn so much from each other, and I for one, look forward to lots of learning and laughter. Have a great stay and thanks for coming!!

Sari Kives, MD
2016 ACRM Program Chair



Greetings



Dear Friends and Colleagues:

Thank you and Greetings from your NASPAG President!

NASPAG is pleased to welcome you to our 30th Annual Clinical and Research Meeting at the Fairmount Royal York Hotel in Toronto. Our NASPAG program committee, led by superstar Sari Kives, MD, has been tirelessly working to make this ACRM the best program ever! In an effort to keep you connected, this meeting features WiFi in the meeting rooms as well as our NASPAG mobile app, designed to help you find your way to the right place at the right time for plenaries, posters and workshops. We have a record number of abstract submissions for you to see during our research presentations and at our poster sessions. Thanks to Jenn Woods, MD, and her abstract committee for their thoughtful review and efforts to raise the bar for PAG research presented at the ACRM. Current board member and Education Committee co-chair Dr. Jennifer Dietrich will start us off with the Elsevier lectureship on bleeding disorders in PAG. Dr. Linda Baker will educate us on the role of buccal grafts in vaginoplasty. Rejuvenate yourself and avoid physician burnout listening to Wayne Sotile, PhD, plenary speaker on Friday, then improve your parenting pearls of wisdom by learning from Lisa Damour, PhD, author of *Untangled: Guiding Teenage Girls through the Seven Transitions Into Adulthood*.

Of note, we will be honoring Dr. Joe Sanfilippo throughout the meeting, but especially before our Elsevier lecture on Thursday morning at 8:30 am. At the end of 2016, Dr. Sanfilippo will be stepping down from his dual roles as JPAG Editor in Chief and NASPAG Executive Director; he brought NASPAG into new heights, got JPAG to its rising impact factor, and strengthened our organization in countless ways. As role model, PAG expert, teacher, mentor and friend, Dr. Joe Sanfilippo has touched many lives, and we are eternally grateful. Come to our meeting to hear news of our next JPAG Editor in Chief, as well as to honor Dr. Sanfilippo.

Fine tune your surgical skills in various workshops and at experiential sessions thanks to our various sponsors. Learn to place a LARC, pick the brain of your favorite expert at a Food for Thought Luncheon, become an expert in a new area of PAG, or develop your next research project in partnership with our Adolescent Medicine and PAG fellows. Our NASPAG meeting provides you the opportunity to expand your knowledge, develop new friendships and savor time with mentors and friends.

The theme of NASPAG this year has been to Celebrate the Past, Elevate the Present, and Embrace the Future. This 30th ACRM unites us in the sharing of PAG pearls, pursuit of research questions to ask and answer, and opportunities to raise the bar for reproductive health of all young people. NASPAG's 2016 mission is to provide multidisciplinary leadership in education, research, and gynecologic care to improve the reproductive health of youth. Thank you for allowing me the privilege of serving you as your president this past year, and for sharing my passion for improving the reproductive health of young people worldwide. Enjoy the meeting!

Cheers,

Ellen S. Rome, MD, MPH
President, NASPAG



Welcome

Dear Friends and Colleagues:

The GRAND FINALE: IT'S TIME TO SAY "GOOD BYE AFTER 30 YEARS"

This is my last ACRM as your NASPAG Executive Director. Allow me to take you on a brief odyssey that begins with the very first NASPAG meeting in 1986 which was held in Washington, D.C. and was part of the Federation Internationale de Gynecologie Infantile et Juvenile (FIGIJ).

Around the table are our Founding Fathers (and Mothers), Drs. Alvin Goldfarb, Paul McDonough, Richard Reindollar, Gita Gidwani, David Muram, Robert Brown, Thomas Elkins, S. Jean Emans, Susan Pokorny, Ezra Davidson, John E. Spence and myself. NASPAG was born!

We had a lot of work to do, the Founding Fathers shared their time and talents, and as we entered into the "pediatric stage" we always focused on our Mission statement that paved the way for "educate the educators"; hence we held CME programs and annual meetings across North America.

We developed the Journal of Pediatric and Adolescent Gynecology and many contributed, as you do today, to its success. I recall as we progressed to the "adolescent stage", a number of growing pains indeed!

The financial future of the society, how best should we interact with other societies, what are the areas of education we need to focus on right now? Word got out, healthcare professionals across the North America and internationally joined NASPAG. Hard working committees. SIGs(Special interests Groups) developed the NASPAG Board, as occurs today, was packed with energy and great ideas on how to move forward.

We turned the corner and entered "young adulthood". What do we see here, well take a look at our 30th ACRM under the excellent orchestration of Sari Kives as Program Chair and Ellen Rome as our President, there definitely is a lot of "Food for Thought" as one section is aptly named. Speak about "Hot Topics", that seems to be a resounding theme over the past 30 years. Well we didn't have "Video Sessions" way back then but we did focus on cutting edge surgical procedures. We didn't have a "Fun Run" but indeed tried our best to "run" with the ball!

Please stand at my side as I turn over the reigns, smile with me at all the incredible accomplishments, the education, the ambience, the patience and the patients, we ALL have worked hard to contribute to.

So I say Good Bye and know the future of NASPAG looks very bright as we continue to have inspiring energetic leadership. Let me leave you with a quote from Winston Churchill as he focused on the Royal Air Force, "never have so many (all the educators, patients out there) owed so much to so few (you the members of NASPAG)".

Best to OUR Society, may we always make a difference!

Joe Sanfilippo, MD, MBA
Executive Director

NORTH AMERICAN SOCIETY FOR PEDIATRIC AND ADOLESCENT GYNECOLOGY

30th Annual Clinical & Research Meeting



MISSION AND GOALS

The mission of NASPAG is to serve as multidisciplinary leaders in education, research, and gynecologic care in order to improve the reproductive health of youth.

NASPAG shall lead scientific and educational efforts to address the reproductive needs of children and adolescents through the following goals:

- Conduct and encourage multidisciplinary and inter-professional programs of medical education in the field of PAG.
- To be recognized as the lead provider in PAG education.
- Promote communication and collaboration among health care professionals in research and education on issues related to PAG.
- Advocate for the reproductive wellbeing of children and adolescents and the provision of unrestricted, unbiased and evidence-based practice of PAG.

NASPAG 2016

Program Committee

Program Chair

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Diane Merritt, MD Washington University in St. Louis St. Louis, MO	Kim Schwartz, MD, MPH Boston Medical Center Boston, MA	Richard Wood, MD Nationwide Children's Hospital Columbus, OH
Elizabeth Miller, MD, PhD University of Pittsburgh School of Medicine Pittsburgh, PA	Furqan Shaikh, MD Hospital for Sick Children University of Toronto Toronto, ON	Jennifer Woods, MD, MS Children's Hospital Colorado Aurora, CO
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Mark Norris, MD Children's Hospital of Eastern Ontario and University of Ottawa Ottawa, ON	Michelle Shouldice, MD Hospital for Sick Kids Toronto, ON	
Mark Palmert, MD, PhD Hospital for Sick Children University of Toronto Toronto, ON	Judith Simms-Cendan, MD University of Central Florida College of Medicine Orlando, FL	

Oral Abstract Presenters

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Cincinnati, OH

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Noor Zwayne, MD
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Toronto, ON





Overview

The 30th Annual Clinical & Research Meeting (ACRM) of the North American Society for Pediatric and Adolescent Gynecology (NASPAG) is designed for primary care physicians, specialists, nursing and allied health professionals, and physicians in training whose practices include pediatric and adolescent female patients and/or whose practices include the gynecologic care of pediatric and adolescent patients. The course will consist of keynote sessions and concurrent presentations addressing critical issues in pediatric and adolescent gynecology, surgery, endocrinology and sexuality. The faculty and participants will interact in a variety of formats, including formal and informal group discussions, oral and poster sessions including video abstracts, and lively debates in order to disseminate the latest information concerning pediatric and adolescent female patients.

Conference Objectives

At the conclusion of the meeting, attendees should be better able to:

- Update their knowledge on issues in pediatric and adolescent gynecology, surgery, endocrinology and sexuality.
- Modify their practices by providing updated information on common and uncommon pediatric and adolescent gynecologic issues.
- Improve patient outcomes by utilizing new knowledge on surgical issues, common and uncommon gynecologic issues, and sexual abuse.
- Improve knowledge in the areas of academic promotion, coding, publishing and establishing a successful PAG practice.

Accreditation – Continuing Medical Education

The continuing education event indicated has been designated as a University of Toronto Accredited event and awarded with the following credits.

Royal College of Physicians and Surgeons of Canada – Section 1

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto up to a maximum of 18 hours

The American Medical Association – 18 AMA PRA Category 1 Credits

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to *AMA PRA Category 1 Credits*[™]. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme

Admission

Conference name badges are required for admission to all activities related to the ACRM, including the exhibit hall and social events.

Registration Desk

The 2016 ACRM Registration Desk is located on the Convention Level-Canadian Ballroom Foyer. The Registration Desk will be open and staffed during the following hours:

Wednesday, April 6, 2016	3:00 pm – 5:00 pm
Thursday, April 7, 2016	6:30 am – 5:00 pm
Friday, April 8, 2016	6:30 am – 5:00 pm
Saturday, April 9, 2016	6:30 am – 12:30 pm

General Session Questions

Five to ten minutes have been scheduled at the end of each presentation for floor discussion. Please step to the floor microphone, state loudly and distinctively your name and affiliation. Out of courtesy for the presenter, as well as to provide an opportunity for more participants to speak, discussants are not permitted to give “mini-talks”.

Speaker Ready Room – Toronto Room

Speakers are asked to check-in with our AV staff at least 4-hours prior to your presentation. The Speaker Ready Room will be available during conference hours, 7:00 am – 5:00 pm, Thursday-Friday. Hours subject to change.

Luncheons

Box lunches will be provided on Thursday, April 7 and Friday, April 8 for all meeting registrants. Lunches will be available prior to the start of the lunch sessions. We are sorry but we are unable to provide lunches for non-registrants. Dining options are available at the hotel and nearby. Please visit the hotel concierge for more information or assistance with reservations, or check out our local host recommendations.

Safety First

Always be aware of your surroundings and practice basic safety rules. Please travel in groups and only in familiar places. When leaving the hotel property, do not wear your name badge as this could identify you as a visitor.

NASPAG cannot be responsible for your safety at the Fairmont Royal York Hotel, throughout the hotel, or conference.

Skyla/Mirena Insertion Training Session

This session is scheduled for Friday, April 8, 2016 from 6:30 pm – 8:30 pm in Alberta Room at the Fairmont Royal York Hotel. This session, which is sponsored by Bayer and is NOT accredited for continuing education credit, is geared toward adolescent medicine healthcare professionals and will provide hands-on experience regarding indications, contraindications, risks and benefits of IUS's, and provide supervised instruction on insertion and removal. This will allow attendees to feel comfortable offering this service to their patients. There are only 30 attendees that can be accommodated.

Clinical Training Program for NEXPLANON® (etonogestrel implant)

This session is scheduled for Friday, April 8, 2016 from 6:30 pm – 8:30 pm in British Columbia Room at the Fairmont Royal York Hotel. This session, which is sponsored by Merck, is NOT accredited for continuing education credit.

The training is open only to advanced practice clinicians with furnishing numbers or prescribing privileges in their state. It is Merck's policy to verify all clinicians' practice, license, and eligibility information in advance of the training session. Merck will contact you directly if there is a problem. Attendees are expected to attend the entire training which is approximately 3 hours in duration. Certificates of attendance will not be issued to those who arrive late or leave early.

PLEASE NOTE: The above Clinical Training Sessions are neither accredited sessions, nor part of the University of Toronto Accredited event.

Annual Fun Run

On Saturday morning, April 9, join us for our Annual Fun Run & Walk, a NASPAG fund-raiser. If you have not signed up, there is still time to register. Details are available at the NASPAG registration desk.

NASPAG Raffle

We are pleased to announce we will be holding a raffle again this year at the ACRM to benefit the Young Scholars program. Proceeds will go towards scholarships for the 2017 ACRM. Raffle tickets will be sold throughout the meeting and the drawing will be held on Saturday morning during the Scientific Award Presentations. Please note that you do not have to be present to win.

Tickets prices are as follows:

5 tickets for \$10
15 tickets for \$25
30 tickets for \$50

Tickets may be purchased on-site at the NASPAG



research awards

Important missions of NASPAG include providing leadership in research and serving as a forum for research in the field of pediatric and adolescent gynecology. Each year NASPAG recognizes researchers with awards for best research by a trainee, best poster presentation, and best oral presentation.

The Evelyn G. Laufer Award recognizes the best oral presentation.

The Huffman Capraro Award recognizes the best oral research presentation by an individual in training (student, resident or fellow). To win this award requires both outstanding research and strong mentorship.

The Sally E. Perlman Award recognizes the best poster presentation.

THE EVELYN G. LAUFER AWARD

- | | |
|--|---|
| <p>2005
<i>Immunogenicity of a Prophylactic Quadrivalent Human Papillomavirus (Types 6/11/16/18) L1 Virus-Like Particle (VLP) Vaccine in Young Women</i>
A.R. Giuliano, PhD</p> | <p>2011
<i>Recurrent Pelvic Inflammatory Disease and Reproductive Health Outcomes: Findings from the PEACH Trial</i>
Maria Trent, MD, MPH</p> |
| <p>2006
<i>The Impact of Depot Medroxyprogesterone Acetate on Adolescent Bone Mineral Density</i>
Zeev Harel, MD</p> | <p>2012
<i>Earlier Puberty in Girls, or Earlier Pubertal Changes? The Hormone Story</i>
Frank Biro, MD</p> |
| <p>2007
<i>The Relationship between Religiosity and Sexual and Contraceptive Behaviors</i>
Anya V. Sheftel, BA</p> | <p>2013
<i>Immunogenicity of a Prophylactic Quadrivalent Human Papillomavirus (Types 6, 11, 16, and 18) L1 Virus-Like Particle Vaccine in Male and Female Adolescent Transplant Recipients</i>
Veronica Gomez-Lobo, MD</p> |
| <p>2008
<i>Screening for Postpartum Depression at Well-Child Visits: Is Once Enough during the First Six Months of Life?</i>
Karolyn Kabir, MD</p> | <p>2014
<i>The Collection and Analysis of Carbon Monoxide (CO) Levels as an Indirect Measure of Smoke Exposure in Pregnant Teenagers at a Multidisciplinary Teen Obstetrics Clinic</i>
Ana Sofia Lopez, MSc</p> |
| <p>2009
<i>Pathways through Puberty: Peripubertal Hormone Changes</i>
Frank M. Biro, MD</p> | <p>2015
<i>The Effect of Hormonal Add-Back Therapy in Adolescents Treated With a Gonadotropin Releasing Hormone (GnRH) Agonist for Endometriosis: A Randomized Trial</i>
Amy DiVasta, MD</p> |
| <p>2010
<i>Impaired Glucose Tolerance in Adolescents with Polycystic Ovarian Syndrome</i>
Beth W. Rackow, MD</p> | |
-

THE HUFFMAN CAPRARO AWARD

2005

Management of High-Grade Cervical Neoplasia in Adolescents
Karen Fuchs, MD

2006

Preservation of Bone Mineral Density in Adolescents Treated with GnRH Agonists and Add-Back Therapy for Endometriosis
Amy D. DiVasta, MD

2007

The Duration of Labor in Adolescents
Jane Hui, MD

2008

Adverse Outcomes Associated with Adolescent Pregnancy
Andrew Stewart, MD

2009

OB/GYN Resident Perceptions about Adolescent Health Care Training
Brandi Swanier, MD, MPH

2010

Acceptability of the Vaginal Contraceptive Ring among Adolescent Women
Lekeisha Terrell, MD

2011

Predicting Medication Adherence in Adolescents with Pelvic Inflammatory Disease (PID)
Sarahn Malena Wheeler, MD

2012

Early Contraception Initiation in First Time Adolescent Mothers: Does it Decrease Rapid Repeat Pregnancy?
Lauren F. Damle, MD

2013

Centering Prenatal Care: Does Group Prenatal Care Improve Adolescent Pregnancy Outcomes?
Gayatri Chhatre, MD

2014

Why Didn't You Text Me a Reminder? Post-study Trends from the DepoText Trial
Cara Buchanan, BA

2015

Cervical Immaturity as a Marker for Increased Risk for STIs
Jason Jarin, MD

THE SALLY E. PERLMAN AWARD

2007

The Relationship Between Depressive Symptoms and Risk-Taking Behavior in Female Adolescents
Alison D. Goldberg, BA

2008

Elevated Testosterone in Active Girls of Normal Weight with Oligomenorrhea
Kanakadurga Singer, MD, MA

2009

A Simulation Program is an Effective Teaching Method for Teaching the Pediatric Gynecology Exam and Procedures to Residents
Meredith Loveless, MD

2009

Intrauterine Contraception in Adolescents: A Descriptive Study of the Use, Side Effects and Compliance in a Residency Clinic Population
Eduardo Lara-Torre, MD

2010

Eating Disordered Symptoms as a Mediator of Oral Contraceptive use in Minority Adolescents: Preliminary Findings
Kelli Stidham Hall, MSN, PhD

2011

Evaluation of a Unique Canadian Community Outreach Program Providing Obstetrical Care for Pregnant Adolescents: A Matched Cohort Study
Nathalie Fleming, MD

2012

Medical Student Self-Efficacy with Adolescent Gynecological Issues: Knowledge, Communication, and Standardized Patients
Jennifer L. Woods, MD

2013

Improving Adolescent Sexual Health: Evaluating the Feasibility of a Motivational Interviewing Intervention to Improve Mother-Adolescent Communication about Sex
Aletha Akers, MD, MPH

2014

Parent and Adolescent Attitudes Towards the Adolescent Confidential Interview in the Gynecologic Setting
Gylynthia Trotman, MD

2015

Onset of Puberty: Mother Knows Best
Frank Biro, MD

YOUNG SCHOLARS GRANT

NASPAG has established the Young Scholars Grant to provide a venue for young physicians and advanced practice nurses to voice their interest in the field of pediatric and adolescent gynecology. Congratulations to this year's recipients:

Young Scholars Grant for Advanced Practice Nursing

Sarah Corder
Vanderbilt University
Houston, TX

Young Scholars Grant for Physicians-in-Training

Chetna Arora
Mayo Clinic
Rochester, Minnesota

Alyssa Bennett
Boston Children's Hospital
Boston, MA

Elizabeth Kudron
Children's Hospital Colorado (University of Colorado)
Denver, CO



program agenda

WEDNESDAY, APRIL 6, 2016

3:00 pm – 5:00 pm
*Convention Level –
 Canadian Ballroom Foyer*

Registration

THURSDAY, APRIL 7, 2016

6:30 am – 5:00 pm
*Convention Level –
 Canadian Ballroom Foyer*

Registration

6:30 am – 7:15 am
Upper Canada – 18th Floor

Early Riser Stretch & Flex

7:00 am – 8:00 am
Ballroom/Foyer

Continental Breakfast – Exhibits

8:00 am – 8:05 am
Canadian Room

Program Chair Opening Remarks
Sari Kives, MD

8:05 am – 8:15 am
Canadian Room

Local Host Welcome
Elaine Toulany, MD, FRCPC

8:15 am – 8:30 am
Canadian Room

Presidential Address
Ellen Rome, MD

8:30 am – 9:30 am
Canadian Room

Plenary Session I: *The Elsevier Lectureship*
You Might Blame Her Parents – Hematology for Gynecology
Mary Anne Jamieson, MD

At the conclusion of this presentation, attendees will be better able to:

- Recite & briefly explain the more common inherited bleeding disorders responsible for abnormal menstrual flow in teens.
- Efficiently incorporate & interpret screening tools into their clinical practice (history and laboratory based).
- Evaluate when to involve hematology and/or hematologist team.
- List the treatment options commonly used by gynecological specialists in this field.
- Utilize advocacy groups and clinical resources available for the health care provider the patient and her family.
- Recognize some of the clinical and academic/scholarly benefits of becoming involved in a multidisciplinary team.

THURSDAY, APRIL 7, 2016

9:30 am – 10:30 am
Canadian Room

Scientific Paper Presentations

Moderator: Jennifer Woods, MD, MD, FAAP

- 9:30 am **A1** – EVIDENCE OF A DOSE-RESPONSE RELATIONSHIP BETWEEN MEDROXYPROGESTERONE ACETATE AND BONE MINERAL DENSITY LOSS IN ADOLESCENTS
Andrea E. Bonny, MD
- 9:45 am **B1** – PROVIDERS' EXPERIENCES WITH VAGINAL DILATOR USE FOR PROGRESSIVE PERINEAL DILATION (PPD)
Vrunda Patel, MD
- 10:00 am **C1** – PUBERTAL GROWTH, IGF1, AND WINDOWS OF SUSCEPTIBILITY
Frank Biro, MD
- 10:15 am **D1** – LARC ATTITUDES AND BELIEFS FOLLOWING AN EDUCATIONAL VIDEO FOR ADOLESCENTS
Alyssa R. Bennett, MD

10:30 am – 10:45 am
Ballroom/Foyer

Break – Posters – Exhibits

10:45 am – 11:45 am
Ontario

Concurrent Workshops

T1 – Vaginal Dilation 101
Heather Appelbaum, MD
Anne Marie Amies Oelschlager, MD

At the conclusion of this presentation, attendees will be better able to:

- Review and explain the history and research of vaginal dilation techniques.
- Apply strategies for assessing patient readiness for vaginal dilator training.
- Differentiate dilators available and develop methods to train patients, follow up strategies, and troubleshooting.

British Columbia

T2 – Sexual Assault / Forensic Evidence Collection

Marcella Donaruma-Kwoh, MD
Casey Weary, MD

At the conclusion of this presentation, attendees will be better able to:

- Discuss potential findings on physical exam and how to interpret them in the context of child history.
- Assess and identify when evidence collection is indicated.
- Describe technique for evidence collection.

Quebec

T3 – Breaking Barriers: Providing Inclusive Care to Transgender Youth

Herbert “Joey” Bonifacio, MD
Katie Stadelman, MD
Cathy Maser, MD

At the conclusion of this presentation, attendees will be better able to:

- Provide an overview of the trajectory of transgender children and adolescents.
- Discuss non-medical and medical treatment options and current standards of care for transgender adolescents.
- Review the multiple roles of an interdisciplinary team in the care of transgender adolescents.

THURSDAY, APRIL 7, 2016

10:45 am – 11:45 am

Concurrent Workshops (cont.)*Alberta***T4** – Using Motivational Interviewing to Elicit Healthy Behavior Changes in Your PAG Patients: Partner, Don't Preach!*Amy E. Sass, MD, MPH**Jennifer Woods, MD, MS*

At the conclusion of this presentation, attendees will be better able to:

- Explore the main principles of motivational interviewing and utility in the PAG clinical setting.
- Practice applying MI strategies in a variety of real-life PAG clinical scenarios:
 - a) discussions with teens about sexual health and personal responsibility
 - b) disclosing STI diagnoses and need for treatment to partners
 - c) contraceptive options counseling and choosing LARC

*Manitoba***T5** – When Puberty is Early, What Response is Worthy?*Ian Comeau, MD**Jennifer Harrington, MD**Mark Palmert, MD, PhD*

At the conclusion of this presentation, attendees will be better able to:

- Determine the age cut-offs for normal and abnormal pubertal timing.
- Apply a diagnostic approach to the patient with precocious puberty.
- List the clinical indications of when a child warrants referral to a pediatric endocrinologist for further evaluation.

*Algonquin***T6** – A Pediatric Gynecologist's Approach to Vulvar Disorders in Children and Teens*Diane Merritt, MD*

At the conclusion of this presentation, attendees will be better able to:

- Demonstrate approach to genital exam and normal anatomic variants.
- Discuss common dermatologic conditions of the vulva that affect healthy children and teens.
- Discuss unusual or "red flag conditions" that affect the vulvar area.

11:45 am – Noon

Break*Ballroom/Foyer***Noon – 1:00 pm****Food for Thought Roundtable Luncheons or Hot Topic Luncheon***Upper Canada – 18th Floor***Food For Thought Roundtable Luncheons***(Box lunch provided)***L1** – Metformin in Minors: Miracle, Mystery or Mistake?*Pamela J. Murray, MD, MPH*

At the conclusion of this presentation, attendees will be better able to:

- Describe approved uses of metformin in minors.
- Current literature regarding novel uses of metformin including – metabolic syndrome components – weight loss/prevention of weight gain – treatment of acanthosis nigricans – cancer treatment and prevention.
- Evaluate suggestions and guidance for off label use.

THURSDAY, APRIL 7, 2016

Noon – 1:00 pm

*Upper Canada – 18th Floor***Food For Thought Roundtable Luncheons (cont.)****L2 – Getting Published: Tips and Tricks for Trainees***Margaret Abraham, MD, FACOG**Rachel Kastl Casey, MD*

At the conclusion of this presentation, attendees will be better able to:

- Define factors to consider when selecting article type and target journal for submission.
- Implement strategies for successful scientific writing.
- Discuss resources and opportunities for scholarly publishing pertinent to the field Pediatric & Adolescent Gynecology.

L3 – The Gender Story: Approach for Caring for the Transgendered Female Patient*Gylynthia Trotman, MD, MPH*

At the conclusion of this presentation, attendees will be better able to:

- Orient participants to current terminology, definitions and prevalence of gender dysphoria.
- Discuss current treatment guidelines for transgender and gender non-conforming youth and young adults.
- Identify essential components for caring for the patient with gender dysphoria.

L4 – Harnessing the Power of One: Transition to Solo Practice*May Lau, MD, MPH*

At the conclusion of this presentation, attendees will be better able to:

- Analyze the strengths and challenges of transitioning from fellowship training or a multi-specialist division/section to a “division/section of one”.
- Identify and verbalize at least three self-advocacy strategies for negotiating effective time allocation among clinical, research, teaching, and other academic pursuits as a sole provider of care to adolescents or sole provider of gynecological care to children and adolescents.
- State at least three methods of demonstrating value and leadership to one’s institution/clinic with respect to clinical care, teaching, community service, advocacy, research, and administrative activity, as a “division/section of one”.

L5 – Options for Fertility Preservation in Adolescents: GnRH Agonists or Not*Alice Rhoton-Vlasak, MD*

At the conclusion of this presentation, attendees will be better able to:

- Define and discuss the options for fertility preservation in adolescents.
- Describe the fertility preservation options in pre-pubertal population.
- Evaluate and discuss the pros and cons of using GnRH agonists in adolescents with cancer and other serious medical conditions.

L6 – The Good News About Teen Birth: What Can We Do to Keep the Momentum Moving*Melissa Kottke, MD, MPH, MBA*

At the conclusion of this presentation, attendees will be better able to:

- Discuss trends in teen birth.
- Explore factors associated with these trends and Identify at least one new thing you can do to help keep the momentum going.

THURSDAY, APRIL 7, 2016

Noon – 1:00 pm

*Upper Canada – 18th Floor***Food For Thought Roundtable Luncheons (cont.)**

L7 – Teens & Tots Clinic: Implementing a Family-centered Teen Pregnancy Clinic into an Academic Health Center
KJ Browner-Elhanan, MD

At the conclusion of this presentation, attendees will be better able to:

- Address the most common challenges in caring for pregnant teenagers, including the most common acute and chronic conditions affecting this population.
- Implement a comprehensive, family-centered clinical experience that provides prenatal, intrapartum, postpartum, and pediatric care for pregnant teenagers and their children.
- Describe the appropriate use of a long-acting contraception (LARC) protocol, that includes immediate placement of LARC postpartum in teen mothers.

L8 – The Right Time, Right Weight, Right Way: Talking to Teens about Fertility Awareness
Staci Pollack, MD, MS

At the conclusion of this presentation, attendees will be better able to:

- Describe the role of fertility awareness counseling for female teens, and be able to lead a basic fertility awareness dialogue.
- Identify conditions warranting more detailed discussion or reproductive endocrine referral.
- Provide patients with a general overview of outcomes for natural fertility, fertility treatments, and fertility preservation strategies.

L9 – Global Reproductive Health Issues for Adolescents With and Without Disabilities
Susan Ernst, MD
Judith Simms-Cendan, MD

At the conclusion of this presentation, attendees will be better able to:

- Outline reproductive health issues faced by adolescents globally.
- Define special problems faced by adolescents and youth with disabilities and their reproductive health.
- Explain interventions to improve reproductive health for adolescents globally.

L10 – ICD10 and Procedural Coding in PAG
Beth W. Rackow, MD

At the conclusion of this presentation, attendees will be better able to:

- Use of ICD10 (diagnostic) codes and review relevant PAG codes.
- Explain appropriate procedural coding and specific codes for common PAG procedures.
- Compare different ways to code for certain procedures and determine the most effective codes to utilize.

L11 – PAG Surgical Emergencies
Rachel Spitzer, MD, MPH, FRCS

At the conclusion of this presentation, attendees will be better able to:

- Conduct a case-based review of common PAG surgical emergencies.
- Compare ovarian and tubal torsion presentation and management.
- Identify accidental genital trauma presentation and management.
- Share rare other scenarios that keep us PAG practitioners up at night!

THURSDAY, APRIL 7, 2016

Noon – 1:00 pm

*Upper Canada – 18th Floor***Food For Thought Roundtable Luncheons (cont.)****L12** – Role of Nursing in Patient Education
Carolyn Sheehan, RN, BScN, MN

At the conclusion of this presentation, learners should be better able to:

- Describe the PAG conditions that benefit the most from a nurse educator.
- Discuss how to structure nursing education into short term and long term interventions.
- Explain the contribution of nursing education to care plans for families and patients.
- Discuss the importance of providing education to community partners in PAG.

L13 – Adverse Childhood Experiences
Michelle Shouldice, MD

At the conclusion of this presentation, learners should be better able to:

- Review the types of adverse experiences that effect patients into adulthood.
- Introduce background of ACEs.
- Discuss morbidity and mortality in a maltreated population.

L14 – Management of Adnexal Masses in Adolescents: Standards and Controversies
Xiomara Santos, MD

At the conclusion of this presentation, attendees will be better able to:

- Review the differential diagnosis and workup of adnexal masses in adolescents.
- Describe nonsurgical and surgical management of an adnexal mass in adolescents.
- Review controversial situations in the management of an adnexal mass in an adolescent.

L15 – From “Dysfunctional” to Functional: Abnormal Uterine Bleeding and the PALM-COEIN Nomenclature in PAG Practice
Megan Billow, MD

At the conclusion of this presentation, attendees will be better able to:

- Define the PALM-COEIN classification system and discuss how its development will improve evaluation and treatment of abnormal uterine bleeding.
- Describe how the PALM-COEIN system pertains to adolescents with abnormal uterine bleeding based on presentation and risk factors.
- Plan treatment strategies for adolescents with varied presentations of abnormal uterine bleeding.

THURSDAY, APRIL 7, 2016

12:00 pm – 1:00 pm
Canadian Room

Lunch Hot Topics: New NASPAG Clinical Recommendations

(Box lunch provided)
PCOS in the Adolescent
Andrea E. Bonny, MD
Veronica Gomez-Lobo, MD

At the conclusion of this presentation, attendees will be better able to:

- Describe the controversies in diagnosing PCOS in adolescents.
- Describe the pediatric and adolescent specialty societies' position on what criteria have sufficient evidence to make a PCOS diagnosis in adolescents.
- Assess treatment options in adolescents with PCOS and isolated characteristics of PCOS.

Developmental Delay and Menstrual Management
Elizabeth H. Quint, MD

At the conclusion of this presentation, attendees will be better able to:

- Discuss the challenges for teens with special needs during the pubertal transition and the onset of menstruation.
- Describe the indications for and controversies around menstrual management for adolescents with disabilities.
- Recognize the unique medical issues of hormonal and non-hormonal methods of menstrual suppression for teens with disabilities.

1:00 pm – 1:15 pm
Ballroom/Foyer

Break

1:15 pm – 2:15 pm
Canadian Room

Plenary Session II: The Alvin Goldfarb Lectureship

The Impact of Exercise, Energy Deficiency and Stress on the Adolescent
Menstrual Function: What's a Clinician to Do?
Debra Katzman, MD, FRCPC

At the conclusion of this presentation, attendees will be better able to:

- Define functional hypothalamic amenorrhea (FHA).
- Outline the alterations in hormones and other factors that occur in FHA.
- Describe the medical and psychiatric consequences of FHA.
- Summarize the evidence-based treatment strategies for adolescent females with FHA.

2:15 pm – 3:15 pm
Canadian Room

Scientific Paper Presentations

Moderator: Ellen Connor, MD

2:15 pm

A2 – MOTIVATING FACTORS FOR DUAL METHOD CONTRACEPTION USE AMONGST ADOLESCENTS AND YOUNG WOMEN: A QUALITATIVE INVESTIGATION
Julie Lemoine, MD

2:30 pm

B2 – GIRL TALK: A SMARTPHONE APPLICATION TO TEACH SEXUAL HEALTH EDUCATION TO ADOLESCENT GIRLS
Lynae M. Brayboy, MD

THURSDAY, APRIL 7, 2016

2:45 pm **C2** – SEXUAL FUNCTION IN WOMEN WITH A HISTORY OF ANORECTAL MALFORMATION
Janie Benoit, MD, FRCSC

3:00 pm **D2** – FEMALES WITH ANORECTAL MALFORMATION (ARM): WHEN IS THE BEST TIME TO INFORM PARENTS/GUARDIANS OF ASSOCIATED GYNECOLOGIC ANOMALIES?
Deborah Morse, MSN, RN, CPN, CNL

3:15 pm – 4:00 pm
Ballroom/Foyer

Poster Sessions (authors present) – Break – Exhibits

3:15 pm – 4:00 pm
Ontario

Video Abstract Session

3:15 pm **45** – OVARIAN TRANSPOSITION: A SURGICAL EDUCATIONAL VIDEO DEMONSTRATING TECHNIQUE INCLUDING FALLOPIAN TUBE CONSERVATION AND SALPINGECTOMY
Nicole Jensine Todd, MD

3:30 pm **46** – REDUCTION CLITOROPLASTY IN A PATIENT WITH PARTIAL ANDROGEN INSENSIVITY SYNDROME
Ozlem Dural, MD

3:45 pm **47** – SEPTIC SHOCK IN A 12 YEAR OLD WITH RECENT DIAGNOSIS OF OHVIRA
Bianca Stortini

4:00 pm – 5:00 pm
Ontario

Concurrent Workshops

T7 – Developing a Successful Strategic Plan for Your PAG Practice
Joseph Sanfilippo, MD, MBA
Judith Simms-Cendan, MD

At the conclusion of this presentation, attendees will be better able to:

- Identify marketing strategies to develop a sustainable patient volume.
- Enhance negotiation skills for working with hospitals
- Develop communication strategies for a supportive office environment that maximizes customer service, patient flow and billing.

British Columbia

T8 – The Ovarian Mass: the What, Why and How About Management
Lisa Allen, MD
Furqan Shaikh, MD
J. Ted Gerstle, MD

At the conclusion of this presentation, attendees will be better able to:

- Discuss the appropriate investigations for an ovarian mass in children and adolescents.
- Incorporate into their practice an “appropriately” conservative approach to benign adnexal masses.
- Identify features that suggest a malignancy in an ovarian mass in children and adolescents.
- Discuss the surgical and oncologic management of malignant germ cell tumors.
- Increase ovarian conservation in their institution by involving a multidisciplinary team of health care providers.

THURSDAY, APRIL 7, 2016

4:00 pm – 5:00 pm

Concurrent Workshops (cont.)*Quebec***T9** – Fertility Preservation: Beyond Oncology*Leslie A. Appiah, MD**Holly Hoefgen, MD*

At the conclusion of this presentation, attendees will be better able to:

- Explain oncologic and non-oncologic conditions that benefit from fertility preservation therapies.
- Describe standard and novel fertility preservation options in special populations.
- Discuss the process of incorporating a fertility preservation program into practice.

*Manitoba***T10** – In Her Skin: Fostering Adolescent Body Acceptance*Nicolette Caccia, MD**Carolyn Sheehan, RN, BScN, MN**Alene Toulany, MD, FRCPC*

At the conclusion of this presentation, attendees will be better able to:

- Describe the variety of body altering practices used by adolescents and place them in a developmental context.
- Explore adolescent motivations in seeking these practices and understand the perceived risks and benefits for adolescents.
- Develop an ethical framework in which to place counseling strategies.

*Canadian Room***T11** – Developing Clinicians of Excellence for Young Women with Bleeding Disorders: The Core of the Multidisciplinary Team-PAG/Adolescent

Medicine and Hematology

*Jennifer Dietrich, MD, MSC**Melissa Kottke, MD, MPH, MBA**Sarah O'Brien, MD, MSc*

At the conclusion of this presentation, attendees will be better able to:

- Describe how the interdisciplinary team can care for women and girls with bleeding disorders, a career path based on public health need.
- Discuss the importance of a multidisciplinary team in the diagnosis of common and less common bleeding disorders.
- Discuss the importance of a multidisciplinary team in the management of common and less common bleeding disorders.
- Apply strategies from interesting cases that present challenges and opportunities for improved outcomes, using a team approach.
- Describe and apply a framework for providers interested in this area to become involved in the care of young women and girls with bleeding disorder.

THURSDAY, APRIL 7, 2016

4:00 pm – 5:00 pm

Concurrent Workshops (cont.)*Algonquin***T12** – Anorexia Nervosa and Estrogen: One Hardworking Hormone*Debra Katzman, MD, FRCPC**Mark Norris, MD*

At the conclusion of this presentation, attendees will be better able to:

- List the important roles of estrogen in adolescents with anorexia nervosa (AN).
- Recognize that the associations of estrogen and AN change across the spectrum of illness and have implications for both etiological models and treatment.
- Explore the role of estrogen preparations as an effective treatment for bone, mood and cognition in adolescents with AN.

5:00 pm – 5:30 pm

New Members Reception (by invitation only)*Ballroom/Foyer*

5:30 pm – 7:00 pm

Welcome Reception – Wine and Cheese*Ballroom/Foyer*

FRIDAY, APRIL 8, 2016

6:30 am – 7:30 am

Special Interest Group Meetings (all interested invited)*Ontario*

Physician In Training SIG

British Columbia

Disorders of Sex Differentiation SIG

Quebec

Providers Caring for Adolescents with Developmental Disabilities SIG

Algonquin

Nursing SIG

Manitoba

Fertility Preservation SIG

7:00 am - 8:00 am

Adolescent Medicine Fellowship Directors

Alberta

6:30 am – 5:00 pm

Registration*Convention Level –**Canadian Ballroom Foyer*

7:00 am – 8:00 am

Continental Breakfast – Exhibits*Ballroom/Foyer*

8:00 am – 9:00 am

Plenary Session III – *The NASPAG Lectureship*

Curbing Physician Burnout: From Risk to Resilience

*Canadian Room**Wayne Sotile, PhD*

At the conclusion of this presentation, attendees will be better able to:

- Discuss individual and contextual factors that contribute to physician burnout.
- Specify at least four evidence-based strategies for safeguarding physician resilience.
- Discuss evidence-based solutions to work/life challenges employed by thriving physicians and medical families.

FRIDAY, APRIL 8, 2016

9:00 am – 10:00 am
Canadian Room

Symposium – HPV Prevention and Management Update

Presentation 1: Improving HPV Immunization Rates in a Large Pediatric Practice:
Implementing Effective Quality Improvement
Alix Casler, MD, FAAP

At the conclusion of this presentation, attendees will be better able to:

- Quantify the problem we face nationally with inadequate uptake of HPV vaccine.
- Understand various strategies employed in an effective strategic parallel processing QI project.
- Apply these strategies within their practices in order to improve HPV vaccination rates.

Presentation 2: HPV Management in Special Populations
Melissa Kottke, MD, MPH, MBA

At the conclusion of this presentation, attendees will be better able to:

- Describe the impact of immune compromise and HPV infection and vaccination.
- Manage condyloma in adolescent patients with immune compromise (ex. HIV, organ transplant).
- Discuss management of condyloma for the young pediatric patient.

10:00 am – 10:15 am
Ballroom/Foyer

Break – Posters – Exhibits

10:15 am – 11:30 am
Canadian Room

Scientific Paper Presentations

Moderator: Andrea E. Bonny, MD

- | | |
|----------|--|
| 10:15 am | A3 – COMPARISON OF SHORT AND CHRONIC DURATION PREMENARCHAL VULVAR COMPLAINTS
<i>Veronica Alaniz, MD</i> |
| 10:30 am | B3 – SPECTRUM OF SYMPTOMS IN WOMEN DIAGNOSED WITH ENDOMETRIOSIS DURING ADOLESCENCE VERSUS ADULTHOOD
<i>Amy D. DiVasta, MD, MMSc</i> |
| 10:45 am | C3 – OUTCOMES OF INTRAUTERINE DEVICE USE IN YOUNG WOMEN WITH PHYSICAL AND INTELLECTUAL DISABILITIES
<i>Morgan Alexander</i> |
| 11:00 am | D3 – EFFECT OF COMMUNICATION SKILLS TRAINING ON DISCUSSION OF INTIMATE PARTNER VIOLENCE AND REPRODUCTIVE COERCION
<i>Hadas Zachor, BA</i> |
| 11:15 am | E3 – INTEGRATING LONG TERM REVERSIBLE CONTRACEPTION SERVICES IN NEW YORK CITY SCHOOL-BASED HEALTH CENTERS: QUALITY IMPROVEMENT TO ENSURE PROVISION OF YOUTH-FRIENDLY SERVICES
<i>Manaswi Sangraula</i> |

11:30 am – 11:45 am
Ballroom/Foyer

Break – Posters – Exhibits

FRIDAY, APRIL 8, 2016

11:45 am – 12:45 pm

*Canadian Room***Concurrent Workshops****F1** – The Honest Hairy Truth About PCOS: What Your Patient Wants to Know but is Afraid to Ask*Andrea E. Bonny, MD**Asma Javed, MBBS*

At the conclusion of this presentation, attendees will be better able to:

- Explain the concept of morphing PCOS phenotype across stages of life and the role of prenatal (fetal) programming to early childhood obesity and premature puberty in the development of PCOS.
- Describe symptoms of hirsutism and acanthosis nigricans and provide best practice advice including new treatment modalities available to address hirsutism and acanthosis nigricans.
- Address current controversies in PCOS evaluation such as ‘mass screening’ for complications such as glucose intolerance and ‘pan androgen testing’ and develop a best practice consensus across disciplines regarding management of adolescent PCOS. Desired Practice Change This activity would hope to establish consistency among disciplines regarding the optimum management of adolescents and address common patient centered complaints such as hirsutism and acanthosis in light of new treatment modalities available.

*British Columbia***F2** – Breast Disease in Children and Adolescent Girls: All What You Need to Know*Amy DiVasta, MD, MMSc**Christopher D. Weldon, MD, PhD*

At the conclusion of this presentation, attendees will be better able to:

- Identify the most common etiologies of breast complaints in the adolescent female.
- Recognize the important role of breast US in distinguishing amongst the varying causes of breast masses and breast discharge.
- Compare management strategies for treatment of these lesions.

*Quebec***F3** – Empowering Young Women: Changing the Conversation about Adolescent Sexuality*Molly Richards, MD**S. Elizabeth Romer, FNP*

At the conclusion of this presentation, attendees will be better able to:

- Describe development of female adolescent sexuality and its relationship to pubertal and adolescent stages.
- Incorporate normative elements such as sexual desire, sexual arousal, and sexual function in adolescent sexuality.
- Explore developmentally appropriate approaches to support healthy sexual experiences while minimizing the adverse consequences of sexual trauma, unplanned pregnancy and STIs.

*Alberta***F4** – Getting from Here to There: Navigating Academic Promotion*Elizabeth Alderman, MD**Nathalie Fleming, MD**Marjorie Greenfield, MD**Patricia Huguelet, MD**Paritosh Kaul, MD**Carol Wheeler, MD*

At the conclusion of this presentation, attendees will be better able to:

- Describe the variations in structure/leadership at North American academic medical centers and medical schools.
- Distinguish between different academic tracks and enumerate the promotion criteria in clinical care, teaching, scholarship and service common to each of them.
- Learn how to find specifics about the promotions process at your home institution.
- Describe activities that will lead to academic promotion and tools to build a promotion dossier.

FRIDAY, APRIL 8, 2016

11:45 am – 12:45 pm

Concurrent Workshops (cont.)*Manitoba***F5** – Gynecological Considerations in Patients with Cloacal Malformations from Antenatal Diagnosis through Evaluation to Final Reconstruction*Geri D. Hewitt, MD*
Richard Wood, MD

At the conclusion of this presentation, attendees will be better able to:

- Discuss clues to an accurate prenatal diagnosis of cloaca.
- Define normal and abnormal anatomy.
- Protocolized screening for associated anomalies.
- Define indications for surgery for girls with perineal fistula and recto-vestibular fistula.
- Outline components of comprehensive evaluation.
- Describe limitations of evaluation prior to surgical intervention and how to formulate an effective surgical plan.
- Assess the various surgical options available for reconstruction in this patient group.

*Algonquin***F6** – Recognizing Red Flags for Sexual Abuse*Kim Schwartz, MD, MPH*

At the conclusion of this presentation, learners should be better able to:

- Know what behavioral complaints raise concerns for sexual abuse.
- Understand the physical exam findings that would trigger further evaluation.
- Identify important questions to ask in the social history and how to ask them.
- Address the process for involving local child protective agency.

12:45 pm – 1:00 pm

Break – Posters – Exhibits*Ballroom/Foyer*

1:00 pm – 1:45 pm

Stump the Professor Luncheon*(Box lunch provided)**Lisa Allen, MD*
Marc R. Laufer, MD
Pamela J. Murray, MD, MPH

1:45 pm – 2:00 pm

Break – Posters – Exhibits*Ballroom/Foyer*

2:00 pm – 3:00 pm

Plenary Session IV: The Sir John Dewhurst Lectureship

Vaginoplasty: Buccal Grafts – What is their Role

Linda Baker, MD

At the conclusion of this presentation, attendees will be better able to:

- Recognize common and rare female vaginal birth defects.
- Differentiate between old and new vaginoplasty techniques.
- Discuss the new method of vaginoplasty using oral buccal mucosa.

FRIDAY, APRIL 8, 2016

3:00 pm – 4:00 pm
Canadian Room

Scientific Paper Presentations

Moderator: Althea Akers, MD

- 3:00 pm **A4** – PEDIATRIC LAPAROSCOPIC CONGENITAL VESICO-VAGINAL FISTULA REPAIR FOR VAGINAL AGENESIS (VIDEO)
 Frank J. Penna, MD
- 3:15 pm **B4** – EXTRAMEDULLARY ACUTE LYMPHOCYTIC LEUKEMIA PRESENTING WITH ABNORMAL UTERINE BLEEDING
 Diana Robillard, MD
- 3:30 pm **C4** – A MODIFIED VERSION OF THE LAPAROSCOPIC ASSISTED DAVYDOV PROCEDURE (VIDEO)
 Noor Zwayne, MD
- 3:45 pm **D4** – A CASE OF SERTOLI-LEYDIG CELL TUMOR WITH HETEROLOGOUS ELEMENTS IN AN ADOLESCENT FEMALE
 Chimsom T. Oleka, MD

4:00 pm – 4:45 pm
Ballroom/Foyer

Poster Session (Authors Present) – Break – Exhibits

4:45 pm – 5:45 pm
Ontario

Concurrent Workshops (6 workshops)

F7 – Chronic Pelvic Pain
Janice Bacon, MD

At the conclusion of this presentation, attendees will be better able to:

- Cite the most common causes of pelvic pain.
- Outline the historical clues indicative of musculoskeletal pain.
- Understand the role the musculoskeletal system may play as either a primary or secondary cause of pelvic pain.
- Identify musculoskeletal pain on physical examination.

British Columbia

F8 – Teaching the Teacher: A Hands-on Mock PAG Simulation

Tania Dumont, MD
Nathalie Fleming, MD
Nichole Tyson, MD

At the conclusion of this presentation, attendees will be better able to:

- Review the different techniques available to teach the approach to the child and adolescent gynecological history.
- Demonstrate how adult pelvic models can be modified to teach a genital exam on children in the office setting.
- Describe how Tanner staging models can be created and allow participants to practice with them.
- Demonstrate how adult pelvic models and cystoscopes can be used to teach vaginoscopy and retrieval of a foreign body.
- Demonstrate how imperforate hymens can be created and used to teach hymenectomy.
- Demonstrate how adult laparoscopic models are converted into PAG adnexal detorsion models.

FRIDAY, APRIL 8, 2016

4:45 pm – 5:45 pm

Concurrent Workshops (6 workshops) (cont.)

Quebec

F9 – Turners Syndrome: Seeing the Whole Girl Not Just the X
Ellen Connor, MD

At the conclusion of this presentation, attendees will be better able to:

- Describe the care, including surveillance, for a child with Turner syndrome.
- Describe the care, including surveillance, for an adolescent with Turner syndrome.
- Describe the methods available to initiate and support pubertal development in the girl and adolescent with Turner syndrome.

Alberta

F10 – Raising a Strong and Successful Girl: Parenting Pearls for Your Patients and You
Lisa Damour, PhD

At the conclusion of this presentation, attendees will be better able to:

- Identify the key barriers to the development of self-care in adolescent girls.
- Learn about common strategies that tend to be ineffective at promoting girls' self-care.
- Develop techniques that they and their patients' parents can use to have effective conversations with girls about their self-care.

Manitoba

F11 – Challenging Surgical Cases
Linda Baker, MD
Julie Strickland, MD, MPH

At the conclusion of this presentation, attendees will be better able to:

- Address the diagnosis, preoperative assessment and management of challenging surgical cases.

Algonquin

F12 – Contraception in Complex Medical Patients
Aletha Akers, MD, MPH
Lyndsey S. Benson, MD, MS

At the conclusion of this presentation, attendees will be better able to:

- Use up-to-date recommendations from the CDC's Medical Eligibility Criteria (MEC) and Selected Practice Recommendations (SPR) to manage medically complex patients.
- Manage patients whose medical conditions are not listed in the CDC MEC.
- Manage special populations, including LGBTQ, homeless, and cognitively or physically impaired patients.

6:00 pm – 6:30 pm

Business Meeting

Canadian Room

FRIDAY, APRIL 8, 2016

6:30 pm – 8:30 pm

*Alberta***Clinical Trainings****Skylla/Mirena Insertion Training Session***Presenters: Ian Comeau, MD; Rula V. Kanj, MD; Chimson T. Oleka, MD*

This session, which is sponsored by Bayer and is NOT accredited for continuing education credit, is geared toward adolescent medicine healthcare professionals and will provide hands-on experience regarding indications, contraindications, risks and benefits of IUD's, and provide supervised instruction on insertion and removal. This will allow attendees to feel comfortable offering this service to their patients. Space is limited-advance registration required.

*British Columbia***Clinical Training Program for NEXPLANON® (etonogestrel implant)**

This session, which is sponsored by Merck, is NOT accredited for continuing education credit. The training is open only to advanced practice clinicians with furnishing numbers or prescribing privileges in their state. It is Merck's policy to verify all clinicians' practice, license, and eligibility information in advance of the training. Merck will contact you directly if there is a problem. Attendees are expected to attend the entire training which is approximately 3 hours in duration. Certificates of attendance will not be issued to those who arrive late or leave early. Space is limited-advance registration required.

PLEASE NOTE: The above Clinical Training Sessions are neither accredited sessions, nor part of the University of Toronto Accredited event.

SATURDAY, APRIL 9, 2016

6:30 am – 7:30 am

NASPAG Annual Fun Run

6:30 am – 12:30 pm

*Convention Level –
Canadian Ballroom Foyer***Registration**

7:00 am – 8:00 am

*Ballroom/Foyer***Continental Breakfast**

8:00 am – 9:00 am

*Canadian Room***Plenary Session V: The Joseph F. Russo, MD, Lectureship**

Untangled: Guiding Teenage Girls through the Seven Transitions into Adulthood
Lisa Damour, PhD

At the conclusion of this presentation, attendees will be better able to:

- Evaluate a new model for assessing adolescent psychological development.
- Apply this new developmental model applies to girls in particular.
- Distinguish the challenges of typical adolescent development from those that are grounds for concern.

SATURDAY, APRIL 9, 2016

9:00 am – 10:00 am

Canadian Room

International Forum

Innovative Methods in Sexual Health Education

John Santelli, MD, MPH

Heather Gardner, Curriculum Consultant, Ontario Physical & Health Education

Association

Myra Stephen, Education Officer, Ontario Ministry of Education

At the conclusion of this presentation, attendees will be better able to:

- Describe key principles derived from research on effective sexuality education.
- Identify critical connections between sexual health & human rights.
- Describe how both access to primary and secondary education and sex-ed contribute to sexual health for young people around the globe.

10:00 am – 10:15 am

Ballroom/Foyer

Break – Posters – Exhibits

10:15 am – 10:45 am

Canadian Room

Awards

10:45 am – 12:15 pm

Canadian Room

Debates on Controversial Topics in Pediatric and Adolescent Gynecology

LARCS: To Put In or Take Out

Jill Huppert, MD

Elizabeth Miller, MD, PhD

Ashley Treatment for Severe Developmental Delay - Yea or Nay

Susan Ernst, MD

Paula Hillard, MD

At the conclusion of this presentation, attendees will be better able to:

- Outline medical options for growth attenuation for girls with severe developmental delay.
- Discuss the ethical positions argued for and against various components of the Ashley treatment including medical therapy for growth attenuation as well as surgical intervention with mastectomy and hysterectomy.
- Identify educational interventions as well as social support for families of children with severe disabilities as an alternative to growth attenuation.



faculty disclosures

Disclosure Statement

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Abraham, Margaret, MD: Dr. Abraham has nothing to disclose.

Akers, Althea, MD, MPH: Dr. Akers has received grant/reasearch support from Bayer Healthcare, Inc., National Institutes of Health, Templeton Foundation and the Society for Family Planning.

Alaniz, Veronica, MD: Dr. Alaniz has nothing to disclose.

Alderman, Elizabeth, MD: Dr. Alderman has nothing to disclose.

Alexander, Morgan: Ms. Alexander has nothing to disclose.

Allen, Lisa, MD: Dr. Allen has nothing to disclose.

Amies-Oelschlager, Anne-Marie, MD: Dr. Amies-Oelschlager has nothing to disclose.

Appelbaum, Heather, MD: Dr. Appelbaum has nothing to disclose.

Appiah, Leslie A., MD: Dr. Appiah has nothing to disclose.

Baker, Linda, MD: Dr. Baker has nothing to disclose.

Bekx, M. Tracy, MD: Dr. Bekx has nothing to disclose.

Bennett, Alyssa R., MD: Dr. Bennett has nothing to disclose.

Benoit, Janie, MD: Dr. Benoit has nothing to disclose.

Benson, Lyndsey S., MD: Dr. Benson has nothing to disclose.

Biro, Frank M., MD: Dr. Biro has nothing to disclose.

Billow, Megan, MD: Dr. Billow has nothing to disclose.

Bonifacio, Herbert, MD: Dr. Bonifacio has nothing to disclose.

Bonny, Andrea, MD: Dr. Bonny has nothing to disclose.

Brayboy, Lynae M., MD: Dr. Brayboy has nothing to disclose.

Caccia, Nicolette, MD: Dr. Caccia has nothing to disclose.

Casler, Alix, MD: Dr. Casler has nothing to disclose.

Comeau, Ian, MD: Dr. Comeau has nothing to disclose.

Connor, Ellen, MD: Dr. Connor has nothing to disclose.

Damour, Lisa, PhD: Dr. Damour has nothing to disclose.

Dietrich, Jennifer, MD: Dr. Dietrich has nothing to disclose.

DiVasta, Amy, MD, MMSc: Dr. DiVasta has nothing to disclose.

Donaruma-Kwoh, Marcella, MD: Dr. Donaruma-Kwoh has nothing to disclose.

Dumont, Tania, MD: Dr. Dumont has nothing to disclose.

Dural, Ozlem, MD: Dr. Dural has nothing to disclose.

Ernst, Susan, MD: Dr. Ernst has nothing to disclose.

Fleming, Nathalie, MD: Dr. Fleming has nothing to disclose.

Gardner, Heather: Ms. Gardner has nothing to disclose.

Gerstle, J. Ted, MD: Dr. Gerstle has nothing to disclose.

Gomez-Lobo, Veronica, MD: Dr. Gomez-Lobo has nothing to disclose.

Greenfield, Marjorie, MD: Dr. Greenfield has nothing to disclose.

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Hewitt, Geri D., MD: Dr. Hewitt has nothing to disclose.

Hillard, Paula J., MD: Dr. Hillard has nothing to disclose.

Hoefgen, Holly, MD: Dr. Hoefgen has nothing to disclose.

Hoyle, Carolyn, RN, BScN, MN: Ms. Hoyle has nothing to disclose.

Huguelet, Patricia, MD: Dr. Huguelet has nothing to disclose.

Huppert, Jill, MD: Dr. Huppert has nothing to disclose.

Jamieson, Mary Anne, MD: Dr. Jamieson has nothing to disclose.

Javed, Asma, MBBS: Dr. Javed has nothing to disclose.

Jensine Todd, Nicole, MD: Dr. Jensine has nothing to disclose.

Kastl Casey, Rachel, MD: Dr. Kastl Casey has nothing to disclose.

Katzman, Debra, MD: Dr. Katzman serves as a Senior Associate Editor of Adolescent and Young Adult Healthcare LWW.

Kaul, Paritosh, MD: Dr. Kaul has nothing to disclose.

Kives, Sari, MD: Dr. Kives serves as a consultant and is on the Speakers Bureau for Bayer, Aclevis and Alvic.

Kottke, Melissa, MD: Dr. Kottke has received consulting fees from Merck, CSL Behring and has received grant/research support from the Centers for Disease Control.

Lara-Torre, Eduardo, MD: Dr. Lara-Torre has nothing to disclose.

Lau, May, MD, MPH: Dr. Lau has nothing to disclose.

Laufer, Marc R., MD: Dr. Laufer has nothing to disclose.

Lemoine, Julie, MD: Dr. Lemoine has nothing to disclose.

Maser, Cathy, MD: Dr. Maser has nothing to disclose.

Merritt, Diane, MD: Dr. Merritt has nothing to disclose.

Miller, Elizabeth, MD, PhD: Dr. Miller has nothing to disclose.

Morse, Deborah, MSN, RN, CPN, CNL: Ms. Morse has nothing to disclose.

Murray, Pamela J., MD, MPH: Dr. Murray has received grant/research support from NIH/CTSI, Office of Adolescent Health.

Norris, Mark, MD: Dr. Norris has nothing to disclose.

Oleka, Chimsom T., MD: Dr. Oleka has nothing to disclose.

Palmert, Mark, MD, PhD: Dr. Palmert has nothing to disclose.

Patel, Vrunda, MD: Dr. Patel has nothing to disclose.

Penna, Frank J., MD: Dr. Penna has nothing to disclose.

Pollack, Staci, MD, MS: Dr. Pollack has nothing to disclose.

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Sass, Amy E., MD, MPH: Dr. Sass has nothing to disclose.

Schwartz, Kim, MD, MPH: Dr. Schwartz has nothing to disclose.

Shaikh, Furqan, MD: Dr. Shaikh has nothing to disclose.

Shouldice, Michelle, MD: Dr. Shouldice has nothing to disclose.

Simms-Cendan, Judith, MD: Dr. Simms-Cendan has nothing to disclose.

Sotile, Wayne, PhD: Dr. Sotile serves on the Speakers Bureau for Abbvie Pharmaceuticals and has also received book royalties from AMA Press.

Spitzer, Rachel, MD, MPH: Dr. Spitzer has received grant/research support from PSI Foundation and Bayer.

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Stephen, Myra: Ms. Stephen has nothing to disclose.

Stortini, Bianca: Ms. Stortini has nothing to disclose.

Strickland, Julie, MD, MPH: Dr. Strickland has received grant/research support from Merck and also serves as a trainer for Nexplanon.

Toulany, Alene, MD, FRCPC: Dr. Toulany has nothing to disclose.

Trotman, Gylynthia, MD, MPH: Dr. Trotman has nothing to disclose.

Tyson, Nichole, MD: Dr. Tyson has nothing to disclose.

Weary, Casey, MD: Dr. Weary has nothing to disclose.

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Wheeler, Carol A., MD: Dr. Wheeler has nothing to disclose.

Wood, Richard, MD: Dr. Wood has nothing to disclose.

Woods, Jennifer, MD: Dr. Woods has nothing to disclose.

Zachor, Hadas, BA: Dr. Zachor has nothing to disclose.

Zwayne, Noor, MD: Dr. Zwayne has nothing to disclose.



POSTERS

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- 1994**
The History of Reconstructive Surgery in the Pediatric and Adolescent Gynecology Patient
Howard W. Jones, Jr., MD
- 1995**
New Thoughts: Congenital Cervical Dysgenesis
John A. Rock, MD
- 1996**
Adolescent Sexual Behavior: Its Impact on Reproductive Health
Alvin F. Goldfarb, MD
- 1997**
GYN Surgery in Children
Donald P. Goldstein, MD
- 1998**
Evaluation and Management of Ambiguous Genitalia
W. Hardy Hendren, III, MD
- 1999**
Fallopian Tube and Reproductive Health
Luigi Mastroianni, Jr., MD
- 2000**
Plastic Surgery for the Teenage Patient
Mary H. McGrath, MD, MPH
- 2001**
Pediatric and Adolescent Gynecologic Disorders and Future Fertility
J.E.H. Spence, MD
- 2002**
Pediatric and Adolescent Gynecologic – The United Kingdom Experience
Keith Edmonds, MD
- 2003**
The Application of Evidence Based Medicine to the Prescribing of Oral Contraceptives
David A. Grimes, MD
- 2004**
Current Status of Intersex Disorders
Justine M. Schober, MD
- 2005**
Achieving Equal Rights and Opportunities in the World for Women
Patricia E. Mitchell, President and CEO, Public Broadcasting Service
- 2006**
Irresistible Drives and Immovable Demands: Adolescence in the Twenty-First Century
Malcolm Potts, MB, BChir, PhD, FRCOG
- 2007**
The Changing Face of Polycystic Ovary Syndrome
Ricardo Azziz, MD, MPH, MBA
- 2008**
Update in Cytology in Adolescents
Anna-Barbara Moscicki, MD
- 2009**
Obesity in Adolescent Girls
Mary L. Brandt, MD
- 2010**
Preventing Obesity AND Eating Disorders in Adolescents: What Should Health Care Providers Know and Do?
Diane Neumark-Sztainer, PhD, MPH, RD
- 2011**
I Can Tell You Because You're a Doctor: Understanding and Responding to Child Sexual Abuse
Martin A. Finkel, DO, FACOP, FAAP
- 2012**
Elective Plastic Surgical Procedures in Adolescence
Mary H. McGrath, MD MPH
- 2013**
What Digital Footprints Tell Us About Teen's Health
Bobbie Eisenstock, PhD
- 2014**
Promotion of Positive Youth Development: The Project P.A.T.H.S. in Hong Kong
Daniel Shek, PhD, FHKPS, BBS, SBS, JP
- 2015**
Cosmetic Labioplasty
Paul L. Wood, MD, FRCOG
- 2016**
Vaginoplasty: Buccal Grafts – What is their Role
Linda Baker, MD

The Alvin F. Goldfarb, MD Lectureship

- 1994**
Ovarian Function in Survivors of Childhood Cancer
Charles A. Sklar, MD
- 1995**
Adolescent Pregnancy and Birth Trends in the United States
Wendy H. Baldwin, MD
- 1996**
Adolescent Pregnancy and Contraception
David A. Grimes, MD
- 1997**
Teen Pregnancy and Young Issues
Henry W. Foster, MD
- 1998**
AIDS and Adolescents in the New Millennium
Sten H. Vermund, MD, PhD
- 1999**
Ethics in Contemporary Medicine and Society
Kenneth J. Ryan, MD
- 2000**
Adolescent Contraception in the New Millennium
Philip D. Darney, MD, M.Sc
- 2001**
Don Quixote, Machiavelli, Robin Hood, and the History of Contraception from Ancient Times to the Second Millennium and Beyond
Robert A. Hatcher, MD
- 2002**
Adolescent Sexual Health
Dan L. Apter, MD, PhD
- 2003**
Reaching Teenagers: Recognizing Risk, But Building on Strength
Kenneth R. Ginsburg, MD, MS Ed
- 2004**
Sex, Sex, and More Sex: American Media & Its Impact on Teenagers
Victor C. Strasburger, MD
- 2005**
Early Puberty in Girls: What's All the Fuss About?
Paul B. Kaplowitz, MD, PhD
- 2006**
Human Papillomavirus and the Adolescent: What We Know, What We Can Do
Anna-Barbara Moscicki, MD
- 2007**
STI Treatment Update
Kimberly A. Workowski, MD, FACP
- 2008**
Recognition of Sexual Abuse: A New Field or Late Beginning
John McCann, MD
- 2009**
Primary Ovarian Insufficiency: Mechanisms and Management
Lawrence M. Nelson, MD, MBA
- 2010**
Youth Internet Victimization: Myths and Truths
Michele Ybarra, MPH, PhD
- 2011**
The US Medical Eligibility Criteria and World-wide Updates for Contraceptive Use in Adolescents
Emily Godfrey, MD, MPH
- 2012**
Long Acting Reversible Contraceptives
Amy Whitaker, MD MS
- 2013**
Physical Findings of Sexual Abuse (What We Said Then and What We Know Now)
Carol Berkowitz, MD, FAAP, FACEP
- 2014**
Polycystic Ovarian Syndrome in Adolescents
Selma Witchel, MD
- 2015**
Oncofertility
Teresa K. Woodruff, PhD
- 2016**
The Impact of Exercise, Energy Deficiency and Stress on the Adolescent Menstrual Function: What's a Clinician to Do?
Debra Katzman, MD, FRCPC

The NASPAG Lectureship

- 2011**
NASPAG 25 Years Later
Joseph Sanfilippo, MD, MBA
- 2012**
Bone Health and Vitamin D
Susan M. Coupey, MD
- 2013**
The Journey Towards Zero Harm, A Report from One Journeyman
Stephen E. Muething, MD
- 2014**
Reproductive Coercion, Partner Violence, and Reproductive Health
Elizabeth Miller, MD, PhD
- 2015**
Hypercoagulability in PAG
Shannon Bates, MDCM, MSc, FRCPC
- 2016**
Curbing Physician Burnout: From Risk to Resilience
Wayne Sotile, PhD

The Joseph F. Russo, MD Lectureship

- 2004**
Obesity in Childhood and Adolescence
William H. Dietz, Jr., MD, PhD
- 2005**
The Internet: A Valuable Tool or a Dangerous Toy?
Daniel D. Broughton, MD
- 2006**
The Good, The Bad and The Ugly in Women's Athletics Since Title IX: Impact on Today's Girls
Pam Borton, Head Coach, University of Minnesota, Women's Basketball
- 2007**
Teenagers Today: Good News – Bad News
Luella Klein, MD
- 2009**
Adolescent Care: Creating a Blueprint for a Healthy Life
Susan Wysocki, WHNP-BC
- 2010**
Adolescent Brain Development and Risk Taking Behavior
Adriana Galván, PhD
- 2011**
What are the Mechanisms of Adolescent Anovulation?
Robert Rosenfield, MD
- 2012**
Acute Menorrhagia: A Potentially Life-Threatening Problem for Adolescents with Bleeding Disorders
Andra H. James, MD, MPH
- 2013**
The Neglected Tropical Diseases: The Most Common Afflictions of Girls and Women Living in Poverty
Peter Hotez, MD, PhD
- 2014**
Reproductive Genetics
Lee Shulman, MD
- 2015**
Care of the Young Female Athlete
Jordan D. Metz, MD
- 2016**
Untangled: Guiding Teenage Girls through the Seven Transitions into Adulthood
Lisa Damour, PhD
-

The Elsevier Lectureship

- 2005**
When Jill Jumps Over the Candlestick Evaluation and Management of Genital Injuries
Diane F. Merritt, MD
- 2006**
Bone Health for Girls in 2006 and Beyond
Catherine Gordon, MD
- 2007**
Insights into Congenital Anomalies of the Reproductive Tract
Marc Laufer, MD
- 2008**
Novel Strategies for Preserving Reproductive Potential in Young Cancer Survivors
David Lee, MD
- 2009**
Menstruation through the Ages (300 BC-2009)
Estherann M. Grace, MD
- 2010**
Turner Syndrome: Reproductive Options and Outcomes
Richard H. Reindollar, MD
- 2012**
Teenagers and Turkeys--What Do They Have in Common?
Anna C. Dragsbaek, JD
- 2013**
The Menstrual Cycle as a Vital Sign: Giving the Menstrual Cycle the Attention it Deserves
Paula J. Adams Hillard, MD
- 2014**
Adolescents with Special Needs: Challenges and Controversies
Elisabeth Quint, MD
- 2015**
Confidentiality in Pediatric and Adolescent Gynecology: When We Can and When We Can't and When We're Challenged
Elizabeth M. Alderman, MD
- 2016**
You Might Blame Her Parents – Hematology for Gynecology
Mary Anne Jamieson, MD
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